

# 202662 - QUAKER OATMEAL QUICKOATS REGULAR 42Z/12



QUAKER Quick Oats deliver the great taste and quality of QUAKER Oats in a convenient fast cooking formulation. Sold in a convenient reseal able 42 OZ container. It's a great choice if you serve a limited number of oatmeal servings and want to prepare each individually. Cooks in just one minute. Package is not labeled for consumer sale.



## MARKETING

QUAKER Quick Oats deliver the great taste and quality of QUAKER Oats in a convenient fast cooking formulation.. Sold in a convenient resealable 42 OZ container.. It's a great choice if you serve a limited number of oatmeal servings and want to prepare each individually.. Cooks in just one minute.. Package is not labeled for consumer sale.

## Nutrition Facts

30 Servings per container

**Serving Size** 1/2 cup dry (40 g)

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**Amount Per Serving**

**Calories** **150**

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% Daily Value\*

<b>Total Fat</b> 3	<b>4%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 0 mg	<b>0%</b>
<b>Total Carbohydrates</b> 27 g	<b>10%</b>
Dietary Fiber 4 g	<b>13%</b>
Total Sugars 1 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 5 g	

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Vitamin D 0 mcg	0%
Calcium 20 mg	0%
Iron 1.5 mg	8%
Potassium 150 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10030000432850	202662	10030000432850	12 x 42 OZ

Brand	Brand Owner	GPC Description
Quaker	PepsiCo Inc. Brand Owner	Grains/Cereal - Not Ready to Eat - (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
35.2 LBR	31.5 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20.8 INH	16 INH	10.2 INH	1.964 FTQ	6x5	540 Days	35 FAH / 85 FAH

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - NI
- Eggs - NI
- Soy - NI
- Wheat - NI
- Sesame - NI
- Peanuts - NI
- Tree Nuts - NI
- Fish - NI
- Shellfish - NI

## SERVING SUGGESTIONS

## INGREDIENTS

WHOLE GRAIN ROLLED OATS.

## HANDLING SUGGESTIONS

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

## PREPARATION & COOKING SUGGESTIONS

## MORE INFORMATION

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## NUTRITIONAL ANALYSIS



Calories	150
Protein	5 g
Total Carbohydrates	27 g
Sugars	1 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	40 mg
Monosodium	

Total Fat	3
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	1 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	20 mg
Iron	1.5 mg
Potassium	150 mg
Zinc	
Phosphorus	130 mg
Thiamin	0.2 mg
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



KOSHER	YES
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## MORE IMAGES

