

630256 - (1-15)5-7OZ CAT FLT S/B IQF ICYBAY CN

ICYBAY Catfish by Slade Gorton is value-based seafood options that boasts exquisite color, consistent workmanship and standard moisture content. Catfish a widely consumed farmed raised whitefish species . ICYBAY catfish is sustainably farm raised by Slade Gorton's supplier partner in China. Catfish easily assumes flavors during preparation making it a great alternative protein...



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
21768	630256	00073129217680	(1-15)

Brand	Brand Owner	GPC Description
ICYBAY	Slade Gorton & Co., Inc.	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
16 LBR	15 LBR	No	China	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16 INH	11.25 INH	7 INH	0.729 FTQ	8x11	730 Days	0 FAH / 32 FAH

Nutrition Facts

60 Servings per container

Serving Size	1 Serving
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 6 g	10%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 55 mg	18%
Sodium 220 mg	9%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 15 g	
Vitamin D 0.3 mcg	3%
Calcium 8 mg	1%
Iron 0.3 mg	2%
Potassium 342 mg	7%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - C
- Shellfish - NI

SERVING SUGGESTIONS



Catfish is most often fried but can also be sauteed, baked or pan seared. Confidently feature catfish in sandwiches, handhelds, salads and fish baskets.

INGREDIENTS



Catfish, Water, Sodium Tripolyphosphate (to retain moisture).

HANDLING SUGGESTIONS



Keep Frozen

PREPARATION & COOKING SUGGESTIONS



Thaw individual fillets as needed. Pat dry and season just before cooking. Avoid adding seasonings or marinating to ensure moisture is not purged from the meat before the cooking process. Chilean Sea Bass can be featured on its own with simple seasonings, but can be easily elevated with classic seasonings such as Cajun spice, lemon pepper, and more! Cook catfish to an internal temperature of 145°F internal temperature before serving.

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	120
Protein	15 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	6 g
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	55 mg
Vitamin D	0.3 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	220 mg
Calcium	8 mg
Iron	0.3 mg
Potassium	342 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



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