

200342 - General Mills Cereal Single Serve Cup Family Variety ...

Variety pack of General Mills cereal cups in convenient single serve portions for the on-the-go patron: 8 gluten-free Cheerios(TM), 6 Cocoa Puffs(TM), 10 gluten-free Honey Nut Cheerios(TM), 14 Cinnamon Toast Crunch(TM), 10 gluten-free Lucky Charms(TM), 6 gluten-free Rice Chex(TM), and 6 Classic Trix(TM) cereals.



MARKETING

This assorted case comes with 8 gluten-free Cheerios(TM), 6 Cocoa Puffs(TM), 10 gluten-free Honey Nut Cheerios(TM), 14 Cinnamon Toast Crunch(TM), 10 gluten-free Lucky Charms(TM), 6 gluten-free Rice Chex(TM), and 6 Classic Trix(TM) cereals.. Ready to eat dry cereal in a convenient, portable cup.. Cup has room for milk—no dishes required.. Whole grain rich.. Recommended for business and industry, college and university, lodging, and healthcare settings.

Nutrition Facts

60 Servings per container	
Serving Size	1 container
Amount Per Serving	
Calories	200
% Daily Value*	
Total Fat 2.5 g	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 180 mg	8%
Total Carbohydrates 43 g	16%
Dietary Fiber 3 g	10%
Total Sugars 17 g	
Includes 17 g Added Sugars	33%

Protein 3 g	
Vitamin D	25%
Calcium	10%
Iron	25%
Potassium	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
14151000	200342	10016000141510	60/1.69 OZ

Brand	Brand Owner	GPC Description
General Mills Multiple Brands	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.000 LBR	6.34 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.500 INH	12.250 INH	18.000 INH	2.10500 FTQ	9x5	252 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Peanuts - 30
- Eggs - 30
- Tree Nuts - 30
- Soy - 30
- Fish - 30
- Wheat - MC
- Shellfish - NI
- Sesame - 30

SERVING SUGGESTIONS

One Cup

INGREDIENTS

Whole Grain Corn, Sugar, Rice Flour, Corn Syrup, Cocoa Processed with Alkali, Canola and/or Sunflower Oil, Color (caramel color and annatto extract), Salt, Baking Soda, Natural Flavor, Rosemary Extract. Vitamins and Minerals: Tricalcium Phosphate, Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

HANDLING SUGGESTIONS

Keep in a cool, dry place

PREPARATION & COOKING SUGGESTIONS

Ready to eat

MORE INFORMATION

General Mills Multiple Brands

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NUTRITIONAL ANALYSIS

Calories	200	Total Fat	2.5 g	Sodium	180 mg
Protein	3 g	Trans Fat	0 g	Calcium	
Total Carbohydrates	43 g	Saturated Fat	0 g	Iron	
Sugars	17 g	Added Sugars	17 g	Potassium	
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D		Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

SODIUM_SALT	LOW	THIAMIN	GOOD_SOURCE_OF	IRON	GOOD_SOURCE_OF
IRON	EXCELLENT_SOURCE_OF	ENERGY	SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
VITAMIN_D	GOOD_SOURCE_OF	SATURATED_FAT	LOW	TRANS_FAT	FREE_FROM
THIAMIN	EXCELLENT_SOURCE_OF	ARTIFICIAL_FLAVOUR	FREE_FROM	CHOLESTEROL	LOW
CHOLESTEROL	FREE_FROM	MSG	FREE_FROM	CALCIUM	GOOD_SOURCE_OF
PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	FAT	LOW	LOW_SALT	YES
VEGETARIAN	YES				

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