

## 9/4 LB Brewer's Choice Beer Battered Cod Fillets, 2 oz

When it comes to Beer Battered fish, we've you got you covered. Our Brewer's Choice® Beer Battered Cod is made from premium natural cut fillets and real beer that imparts an authentic, delicious flavor to create a light and crispy batter. These fillet portions are the perfect centerpiece to any meal. Enjoy!

Product Last Saved Date: 20 October 2025



# **Nutrition Facts**

16 Servings per container

## Serving Size 4 oz (112gAbout 2 Fillets)

Amoun	t Per	Serving
Cal	or	ies

230

Galorico	
	% Daily Value
Total Fat 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 30 mg	10%
Sodium 590 mg	26%
Total Carbohydrates 19 g	7%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 14 g	
Vitamin D 0 mcg	0%
Calcium 14 mg	2%
Iron 0 mg	0%
Potassium 248 mg	6%

Product Specifications :					
Code GTIN		Type Of Catch			
10001623	10073538016239	WILD			

Brand	GPC Description	
High Liner Foods	Fish - Prepared/Processed (Frozen)	

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
40 LBR	36 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
28 INH	10 INH	14.25 INH	2.309 FTQ	6x3	540 Days	-10 FAH / 0 FAH

### Ingredients:

COD, BLEACHED WHEAT FLOUR, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, SOYBEAN OIL, AND/OR SUNFLOWER OIL), BEER (WATER, BARLEY MALT, RICE, HOPS), YELLOW CORN FLOUR, WATER, CONTAINS LESS THAN 2% OF THE FOLLOWING: MODIFIED CORN STARCH, SALT, WHITE CORN FLOUR, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), NATURAL FLAVORS, SPICES, SUGAR, WHEAT FLOUR. CONTAINS: COD (FISH), WHEAT.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - 30	Milk - 30	Soy - 30		
Fish - C	Wheat - C	TreeNuts - 30		
Peanuts - 30	Crustacean - 30	Sesame - 30		

#### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS For food safety and quality, please follow these cooking instructions. Keep frozen until ready to prepare – Do not refreeze Deep fry at 350°F for 4 minutes. CONVENTIONAL OVEN INSTRUCTIONS: Place oven rack in center of the oven. Preheat oven to 425°F. Place frozen fish in a single layer on a shallow baking pan. Bake for 16 to 18 minutes. CONVECTION OVEN INSTRUCTIONS: Place oven rack in center of the oven. Preheat oven to 400°F. Place frozen fish in a single layer on a shallow baking pan. Bake for 12 to 14 minutes. NOTE: Since appliances vary, these cooking instructions are only a guideline. Cook to an internal temperature of 158°F minimum. WARNING: While every effort has been made to remove bones from this product, some bones may remain. Please use caution when consuming.

## Serving Suggestions:

Serve your customers authentic Fish n' Chips with Brewer's Choice® Beer Battered Cod Fillets!

## Species / Scientific Name:

Atlantic Cod - Gadus morhua, Pacific Cod - Gadus macrocephalus

## Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 1

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