

Gold Medal

125158 - Gold Medal(TM) Muffin Mix Basic 5 lb

Gold Medal(TM) basic muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins with very sweet, cake-like texture with yellow crumb. Great for muffin squares. Available in cost-effective, 5 lb bulk format for smaller operations.



MARKETING

Gold Medal Basic Muffin Mix I formulated to produce tender and moist muffins with very sweet, cake-like texture with yellow crumb. Great for muffin squares.. Available in cost effective, 5 pound bulk format.. Add water only means minimal skill labor is required. . Golden brown-baked color and bold mushroom-shaped crown give muffins a desirable scratch like appearance.. Muffins made from Gold Medal mixes have the same quality as fresh-baked after 24 hours leading to less waste.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11432000	125158	10016000114323	6/5 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
34.100 LBR	30.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - C

Eggs - C

Soy - C

Wheat - C

Sesame - 30

Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - NI

SERVING SUGGESTIONS

1/2 cup mix (72g)

Nutrition Facts

186 Servings per container

Serving Size1/2 cup mix

Amount Per Serving

Calories300

% Daily Value*

Total Fat 7 g9%

Saturated Fat 3.5 g18%

Trans Fat 0 g

Cholesterol 10 mg4%

Sodium 560 mg24%

Total Carbohydrates 55 g20%

Dietary Fiber 1 g3%

Total Sugars 28 g

Includes 27 g Added Sugars53%

Protein 3 g

Vitamin D 0 mcg0%

Calcium 50 mg4%

Iron 1.8 mg10%

Potassium 0 mg0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

PREPARATION & COOKING SUGGESTIONS

Follow instructions on the package

INGREDIENTS

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE). CONTAINS 2% OR LESS OF: DEXTROSE, MODIFIED WHEY, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, XANTHAN GUM, NONFAT MILK, NATURAL FLAVOR, ANNATO AND TURMERIC EXTRACT COLOR, DEFATTED SOY FLOUR, EGGS WITH SODIUM SILICOALUMINATE.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	300	Total Fat	7 g	Sodium	560 mg
Protein	3 g	Trans Fat	0 g	Calcium	50 mg
Total Carbohydrates	55 g	Saturated Fat	3.5 g	Iron	1.8 mg
Sugars	28 g	Added Sugars	27 g	Potassium	0 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10 mg	Thiamin	
Vitamin A (IU)		Vitamin D	0 mcg	Niacin	
Vitamin A (RE)		Vitamin E		Riboflavin	
Vitamin C		Folate		Vitamin B-12	
Magnesium		Vitamin B-6		Nitrates	
Monosodium		Sulphites			

NUTRITIONAL CLAIMS



ARTIFICIAL_FLAVOUR	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
ARTIFICIAL_SWEETENERS	FREE_FROM	TRANS_FAT	FREE_FROM	IRON	GOOD_SOURCE_OF
KOSHER	YES	VEGETARIAN	YES	VEGETARIAN	YES

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