

# 125158 - Gold Medal Muffin Mix Basic (6 ct) 5 lb

Gold Medal basic muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins with very sweet, cake-like texture with yellow crumb. Great for muffin squares. Available in cost-effective, 5 lb bulk format for smaller operations.



## MARKETING

Gold Medal Basic Muffin Mix I formulated to produce tender and moist muffins with very sweet, cake-like texture with yellow crumb. Great for muffin squares.. Available in cost effective, 5 pound bulk format.. Add water only means minimal skill labor is required. . Golden brown-baked color and bold mushroom-shaped crown give muffins a desirable scratch like appearance.. Muffins made from Gold Medal mixes have the same quality as fresh-baked after 24 hours leading to less waste.

## PRODUCT SPECIFICATIONS

| Code     | Dist Prod Code | GTIN           | Calculated Pack |
|----------|----------------|----------------|-----------------|
| 11432000 | 125158         | 10016000114323 | 6/5 LB          |

| Brand      | Brand Owner              | GPC Description                     |
|------------|--------------------------|-------------------------------------|
| Gold Medal | GENERAL MILLS SALES INC. | Baking/Cooking Mixes (Shelf Stable) |

| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|-------------------|--------|-----------------|
| 34.100 LBR   | 30.00 LBR  | No                | United States     | Yes    | No              |

| Shipping   |            |            |             |       |            |                      |
|------------|------------|------------|-------------|-------|------------|----------------------|
| Length     | Width      | Height     | Volume      | TlxHI | Shelf Life | Storage Temp From/To |
| 15.680 INH | 11.750 INH | 10.000 INH | 1.06600 FTQ | 10x5  | 372 Days   | 32 FAH / 95 FAH      |

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

## HANDLING SUGGESTIONS

Keep in a cool, dry place Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

## MORE INFORMATION

# Nutrition Facts

186 Servings per container

**Serving Size** 1/2 cup mix

**Amount Per Serving**  
**Calories** **300**

% Daily Value\*

**Total Fat** 7 **9%**

Saturated Fat 3.5 g **18%**

Trans Fat 0 g

**Cholesterol** 10 mg **4%**

**Sodium** 560 mg **24%**

**Total Carbohydrates** 55 g **20%**

Dietary Fiber 1 g **3%**

Total Sugars 28 g

Includes 27 g Added Sugars **53%**

**Protein** 3 g

Vitamin D 0 mcg 0%

Calcium 50 mg 4%

Iron 1.8 mg 10%

Potassium 0 mg 0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## SERVING SUGGESTIONS

1/2 cup mix (72g)

## INGREDIENTS

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE). CONTAINS 2% OR LESS OF: DEXTROSE, MODIFIED WHEY, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, XANTHAN GUM, SOY LECITHIN, NONFAT MILK, WHEY, NATURAL FLAVOR, ANNATO AND TURMERIC EXTRACT COLOR, DEFATTED SOY FLOUR, EGGS WITH SODIUM SILICOALUMINATE.

## PREPARATION & COOKING SUGGESTIONS

Follow instructions on the package

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## NUTRITIONAL ANALYSIS



|                     |      |
|---------------------|------|
| Calories            | 300  |
| Protein             | 3 g  |
| Total Carbohydrates | 55 g |
| Sugars              | 28 g |
| Dietary Fiber       | 1 g  |
| Lactose             |      |
| Sucrose             |      |
| Vitamin A (IU)      |      |
| Vitamin A (RE)      |      |
| Vitamin C           |      |
| Magnesium           |      |
| Monosodium          |      |

|                     |       |
|---------------------|-------|
| Total Fat           | 7     |
| Trans Fat           | 0 g   |
| Saturated Fat       | 3.5 g |
| Added Sugars        | 27 g  |
| Polyunsaturated Fat |       |
| Monounsaturated Fat |       |
| Cholesterol         | 10 mg |
| Vitamin D           | 0 mcg |
| Vitamin E           |       |
| Folate              |       |
| Vitamin B-6         |       |
| Sulphites           |       |

|              |        |
|--------------|--------|
| Sodium       | 560 mg |
| Calcium      | 50 mg  |
| Iron         | 1.8 mg |
| Potassium    | 0 mg   |
| Zinc         |        |
| Phosphorus   |        |
| Thiamin      |        |
| Niacin       |        |
| Riboflavin   |        |
| Vitamin B-12 |        |
| Nitrates     |        |

## NUTRITIONAL CLAIMS



|                                      |           |                       |                |                          |           |
|--------------------------------------|-----------|-----------------------|----------------|--------------------------|-----------|
| PARTIALLY_HYDROGENATED_VEGETABLE_OIL | FREE_FROM | ARTIFICIAL_SWEETENERS | FREE_FROM      | TRANS_FAT                | FREE_FROM |
| ARTIFICIAL_FLAVOUR                   | FREE_FROM | IRON                  | GOOD_SOURCE_OF | HIGH_FRUCTOSE_CORN_SYRUP | FREE_FROM |
| KOSHER                               | YES       | VEGETARIAN            | YES            |                          |           |

## MORE IMAGES

