

# 125158 - Gold Medal Muffin Mix Basic (6 ct) 5 lb

Gold Medal basic muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins with very sweet, cake-like texture with yellow crumb. Great for muffin squares. Available in cost-effective, 5 lb bulk format for smaller operations.



## MARKETING

Gold Medal Basic Muffin Mix I formulated to produce tender and moist muffins with very sweet, cake-like texture with yellow crumb. Great for muffin squares.. Available in cost effective, 5 pound bulk format.. Add water only means minimal skill labor is required. . Golden brown-baked color and bold mushroom-shaped crown give muffins a desirable scratch like appearance.. Muffins made from Gold Medal mixes have the same quality as fresh-baked after 24 hours leading to less waste.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11432000	125158	10016000114323	6/5 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
34.100 LBR	30.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

## HANDLING SUGGESTIONS

Keep in a cool, dry place Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

## SERVING SUGGESTIONS

1/2 cup mix (72g)

## Nutrition Facts

186 Servings per container

**Serving Size** 1/2 cup mix

---

**Amount Per Serving**

**Calories** **300**

---

% Daily Value\*

**Total Fat** 7 **9%**

Saturated Fat 3.5 g **18%**

Trans Fat 0 g

---

**Cholesterol** 10 mg **4%**

**Sodium** 560 mg **24%**

**Total Carbohydrates** 55 g **20%**

Dietary Fiber 1 g **3%**

Total Sugars 28 g

Includes 27 g Added Sugars **53%**

---

**Protein** 3 g

---

Vitamin D 0 mcg 0%

Calcium 50 mg 4%

Iron 1.8 mg 10%

Potassium 0 mg 0%

---

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE). CONTAINS 2% OR LESS OF: DEXTROSE, MODIFIED WHEY, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, XANTHAN GUM, SOY LECITHIN, NONFAT MILK, WHEY, NATURAL FLAVOR, ANNATO AND TURMERIC EXTRACT COLOR, DEFATTED SOY FLOUR, EGGS WITH SODIUM SILICOALUMINATE.

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30

## PREPARATION & COOKING SUGGESTIONS

Follow instructions on the package

## MORE INFORMATION



# 125158 - Gold Medal Muffin Mix Basic (6 ct) 5 lb

Gold Medal basic muffin mix in an easy, "just add water" format. Formulated to produce tender and moist muffins with very sweet, cake-like texture with yellow crumb. Great for muffin squares. Available in cost-effective, 5 lb bulk format for smaller operations.

## NUTRITIONAL ANALYSIS



Calories	300
Protein	3 g
Total Carbohydrates	55 g
Sugars	28 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	7
Trans Fat	0 g
Saturated Fat	3.5 g
Added Sugars	27 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	10 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	560 mg
Calcium	50 mg
Iron	1.8 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



IRON	GOOD_SOURCE_OF	ARTIFICIAL_SWEETENERS	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	TRANS_FAT	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
KOSHER	YES	VEGETARIAN	YES		

## MORE IMAGES

