

311593 - Appleways Whole Grain 1.0 oz Blueberry Lemon Crispy B...

With a delightful crunch and a touch of sweetness packed into each piece, our Crispy Bites and Wafers never disappoint. For a quick snack or a healthy dessert, grab a pack and enjoy.



MARKETING

Bite into the bright and sweet taste of our blueberry lemon flavor today.

Nutrition Facts

1 Servings per container	
Serving Size	1 Pack
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 3.5 g	4%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 60 mg	3%
Total Carbohydrates 21 g	8%
Dietary Fiber 2 g	7%
Total Sugars 8 g	
Includes 8 g Added Sugars	16%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 5 mg	0%
Iron 1 mg	6%
Potassium 51 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
71591	311593	00675825715912	1/1.0 ONZ

Brand	Brand Owner	GPC Description
Appleways	Darlington Cookie Company	Biscuits/Cookies (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
1 ONZ	1 ONZ	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
0.5 INH	4.5 INH	5.25 INH	0.007 FTQ	6x9	365 Days	50 FAH / 80 FAH

HANDLING SUGGESTIONS

Dry Storage/Ready-to-Eat

SERVING SUGGESTIONS

1 Pack

PREPARATION & COOKING SUGGESTIONS

Ready to Eat

INGREDIENTS

Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Dextrose, Blueberry Flavored Bits (Sugar, Vegetable Oil [Palm, Palm Kernel], Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Natural Flavor, Malic Acid, Fruit and Vegetable Juice for Color, Soy Lecithin, Sodium Citrate), Soy Lecithin, Natural Flavor (Contains Milk), Soluble Corn Fiber, Applesauce (Apples, Ascorbic Acid), Salt, Baking Soda. CONTAINS: WHEAT, SOY & MILK

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - C
- Wheat - C
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - NI
- Fish - N
- Shellfish - N
- Crustaceans - N

MORE INFORMATION

311593 - Appleways Whole Grain 1.0 oz Blueberry Lemon Crispy B...

With a delightful crunch and a touch of sweetness packed into each piece, our Crispy Bites and Wafers never disappoint. For a quick snack or a healthy dessert, grab a pack and enjoy.

NUTRITIONAL ANALYSIS



Calories	120
Protein	2 g
Total Carbohydrates	21 g
Sugars	8 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	3.5 g
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	8 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	60 mg
Calcium	5 mg
Iron	1 mg
Potassium	51 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
--------	-----

MORE IMAGES

