



MARKETING

Nutrition Facts

12 Servings per container

Serving Size3/4 CUP

Amount Per Serving

Calories110

% Daily Value\*

Total Fat 1 g2%

Saturated Fat 1 g5%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 140 mg6%

Total Carbohydrates 23 g8%

Dietary Fiber 0 g0%

Total Sugars 9 g

Includes Added Sugars%

Protein 1 g

Vitamin D20%

Calcium0%

Iron10%

Potassium 20 mg1%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
88011	201969	10884912129748	12 x 15 OZ			
Brand	Brand Owner	GPC Description				
Post	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
14.39 LBR	11.25 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.94 INH	13.31 INH	12.94 INH	1.588800 FTQ	9x3	365 Days	30 FAH / 100 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Dry Storage

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - N

Soybean - N

Wheat - N

Sesame - NI

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

INGREDIENTS: RICE, SUGAR, HYDROGENATED VEGETABLE OIL (COCONUT AND PALM KERNEL OILS), SALT, CONTAINS LESS THAN 0.5% OF NATURAL AND ARTIFICIAL FLAVOR, RED 40, YELLOW 6, TURMERIC OLEORESIN (COLOR), BLUE 1, YELLOW 5, BLUE 2, BHA (TO HELP PROTECT FLAVOR). VITAMINS AND MINERALS: SODIUM ASCORBATE (SOURCE OF VITAMIN C), ASCORBIC ACID (VITAMIN C), NIACINAMIDE, REDUCED IRON, ZINC OXIDE (SOURCE OF ZINC), VITAMIN B6, VITAMIN A PALMITATE, RIBOFLAVIN (VITAMIN B2), THIAMIN MONONITRATE (VITAMIN B1), FOLIC ACID, VITAMIN B12, VITAMIN D3.

PREPARATION & COOKING SUGGESTIONS

Ready to Eat

SERVING SUGGESTIONS

Serve with 1/2 cup skim milk

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	110
Protein	1 g
Total Carbohydrates	23 g
Sugars	9 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1 g
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	140 mg
Calcium	
Iron	
Potassium	20 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS