



MARKETING



Nutrition Facts

12 Servings per container

**Serving Size** 3/4 CUP

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**Amount Per Serving**

**Calories** 110

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% Daily Value\*

**Total Fat** 1 g 2%

Saturated Fat 1 g 5%

Trans Fat 0 g

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**Cholesterol** 0 mg 0%

**Sodium** 140 mg 6%

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**Total Carbohydrates** 23 g 8%

Dietary Fiber 0 g 0%

Total Sugars 9 g

Includes Added Sugars %

**Protein** 1 g

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Vitamin D 20%

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Calcium 0%

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Iron 10%

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Potassium 20 mg 1%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
88011	201969	10884912129748	12 x 15 OZ

Brand	Brand Owner	GPC Description
Post	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
14.39 LBR	11.25 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.94 INH	13.31 INH	12.94 INH	1.588800 FTQ	9x3	365 Days	30 FAH / 100 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - NI
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS



Serve with 1/2 cup skim milk

INGREDIENTS



INGREDIENTS: RICE, SUGAR, HYDROGENATED VEGETABLE OIL (COCONUT AND PALM KERNEL OILS), SALT, CONTAINS LESS THAN 0.5% OF NATURAL AND ARTIFICIAL FLAVOR, RED 40, YELLOW 6, TURMERIC OLEORESIN (COLOR), BLUE 1, YELLOW 5, BLUE 2, BHA (TO HELP PROTECT FLAVOR). VITAMINS AND MINERALS: SODIUM ASCORBATE (SOURCE OF VITAMIN C), ASCORBIC ACID (VITAMIN C), NIACINAMIDE, REDUCED IRON, ZINC OXIDE (SOURCE OF ZINC), VITAMIN B6, VITAMIN A PALMITATE, RIBOFLAVIN (VITAMIN B2), THIAMIN MONONITRATE (VITAMIN B1), FOLIC ACID, VITAMIN B12, VITAMIN D3.

HANDLING SUGGESTIONS



Dry Storage

PREPARATION & COOKING SUGGESTIONS



Ready to Eat

MORE INFORMATION





**NUTRITIONAL ANALYSIS**



Calories	110
Protein	1 g
Total Carbohydrates	23 g
Sugars	9 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1 g
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	140 mg
Calcium	
Iron	
Potassium	20 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS**

