



MARKETING

A high-gluten, spring wheat flour milled from a selected blend of hard wheat. Provided in an enriched unbleached unbromated option.. Available in a 50 lb package, which is cost effective for large operations.. The protein level of flour affects functionality. This higher protein level will make firmer, stronger dough. For pizza, the thinner the pizza crust, the more protein needed.. Contains a 14.2% protein level.

Nutrition Facts

755 Servings per container

Serving Size1/4 cup

Amount Per Serving

Calories100

% Daily Value*

Total Fat 00%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 0 mg0%

Total Carbohydrates 21 g8%

Dietary Fiber 1 g3%

Total Sugars 0 g

Includes 0 g Added Sugars0%

Protein 4 g

Vitamin D 0 mcg0%

Calcium 0 mg0%

Iron 1.3 mg8%

Potassium 0 mg0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
50143000	925361	10016000501437	1/50 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Flour - Cereal/Pulse (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
50.500 LBR	50.00 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.750 INH	23.500 INH	4.850 INH	1.03900 FTQ	5x10	372 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - 30

Eggs - 30

Soy - 30

Wheat - C

Sesame - 30

Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - NI

SERVING SUGGESTIONS

Great for hard rolls, crusty hearth breads, bagels and thin crust pizza.

INGREDIENTS

WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.

HANDLING SUGGESTIONS

Keep in a cool, dry place RAW FLOUR IS NOT READY-TO-EAT AND MUST BE THOROUGHLY COOKED BEFORE EATING. TO PREVENT ILLNESS FROM NATURALLY OCCURRING BACTERIA IN WHEAT FLOUR, DO NOT EAT OR PLAY WITH RAW DOUGH OR BATTER; WASH HANDS AND SURFACES AFTER HANDLING.

PREPARATION & COOKING SUGGESTIONS

Follow instructions on the package

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	100	Total Fat	0	Sodium	0 mg
Protein	4 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	21 g	Saturated Fat	0 g	Iron	1.3 mg
Sugars	0 g	Added Sugars	0 g	Potassium	0 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	0.2 mg
Vitamin A (RE)		Vitamin E		Niacin	1.6 mg
Vitamin C		Folate	90 mcg	Riboflavin	0.1 mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



FAT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ARTIFICIAL_PRESERVATIVES	FREE_FROM
SATURATED_FAT	LOW	SUGARS	NO_ADDED	SODIUM_SALT	LOW
TRANS_FAT	FREE_FROM	MSG	FREE_FROM	SODIUM_SALT	FREE_FROM
ARTIFICIAL_FLAVOUR	FREE_FROM	THIAMIN	GOOD_SOURCE_OF	FAT	FREE_FROM
ARTIFICIAL_SWEETENERS	FREE_FROM	CHOLESTEROL	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
CHOLESTEROL	LOW	VEGETARIAN	YES	LOW_SALT	YES
VEGAN	YES	LOW_CALORIE	YES	KOSHER	YES
PLANT_BASED	YES				

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