

High Liner Foodservice Signature, 4.54 kg / 10 lb, FireRoasters, Citrus Peppercorn Glazed Tilapia Fillets, Flame-seared Seafood, approx. 117 - 147 g / 4 - 5 oz

High Liner Foodservice Signature FireRoasters™ Citrus Peppercorn Tilapia Fillets are part of this original thick-cut, flame-seared line of seafood, slow roasted with smoky on-trend FireRoasters^{TI} seasoning. This delicious variety features quality farmed Tilapia with a kick of citrus peppercorn that perfectly complements the smoky flavours and mildly sweet fish. Simply bake and serve. The result is a deliciously moist fish with authentic flame-seared flavour and appearance, without the hassle of the grill. These fillets deliver a truly upscale presentation that easily allows for premium pricing.

Product Last Saved Date: 04 June 2025



FOODSERVICE™

Nutrition Facts

Servings per container

Serving Size Per about 1 fillet (132 g)

Amount Per Serving

Calories	150
	% Daily Value*
Total Fat 5 g	7%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 60 mg	%
Sodium 380 mg	17%
Total Carbohydrates 2 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 25 g	
Vitamin D	%
Calcium 20 mg	2%
Iron 0.75 mg	4%
Potassium 350 mg	7%

Product Specifications :					
Code	GTIN	Type Of Catch			
8954	10061763089548				

Brand	GPC Description	
High Liner Foodservice Signature	Fish - Prepared/Processed (Frozen)	

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.22 KGM			Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
30.5 CMT	25.4 CMT	19.1 CMT	0.0152 MTQ	16x5	540 Days	

Ingredients:

Tilapia, Water, Soybean oil, Seasonings (garlic, onion, spices, lemon peel, citric acid, parsley), Modified palm oil, Gelatin, Salt, Sugars (maltodextrin, sugar, corn syrup solids), Flavour (lemon, grill), Corn starch, Paprika, Contains; Tilapia (fish),

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - NI	Milk - NI	Soy - NI		
Fish - NI	Wheat - NI	TreeNuts - NI		
Peanuts - NI	anuts - NI Crustacean - NI Sesame - NI			

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FORCED AIR CONVECTION OVEN: Place a single layer of frozen fillets on shallow baking pan, with fireroasted side facing up, in preheated 375°F (190°C) oven. Bake uncovered for about 15-18 min or until done. OVEN: Place a single layer of frozen fillets on shallow baking pan, with fireroasted side facing up, in preheated 400°F (200°C) oven. Bake uncovered for about 23-26 min or until done. NOTE: Since appliances vary, these instructions are guidelines only. Cook until minimum internal temperature of 158°F (70°C).

Serving Suggestions:

This FireRoasters $\ensuremath{^{\text{TM}}}$ Tilapia is excellent served with a simple, warm salad of orzo pasta, wilted spinach, tangy goat cheese and bitter Treviso lettuce, to perfectly balance its light, tangy citrus

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No.

CN Statement:







Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 1

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