

636306 - STARKIST 48/5OZ CHUNK LIGHT TUNA IN WATER

Starkist® Chunk Light Tuna in Water can features wild caught tuna with a naturally mild flavor people have come to expect from Starkist®. Try this in cool tuna salads and hot casseroles - Starkist® makes it easy to incorporate seafood into your lifestyle. With 90 calories and 20g of protein per can, this nutrient dense tuna can works well with Mediterranean, Weight Watchers, K...



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
006730	636306	1008000006735	48 x 5 OZ

Brand	Brand Owner	GPC Description
STARKIST	Starkist Seafood	Fish - Prepared/Processed (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
18.64 LBR	15 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.875 INH	10.375 INH	5.312 INH	764.679 INQ	14x8	1440 Days	30 FAH / 110 FAH

Nutrition Facts

2 Servings per container

Serving Size 2oz drained (56g - about 1/4 cup)

Amount Per Serving

Calories **45**

% Daily Value*

Total Fat 0.5 **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 20 mg **6%**

Sodium 180 mg **8%**

Total Carbohydrates 0 g **0%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars **%**

Protein 10 g

Vitamin D 8%

Calcium 0%

Iron 4%

Potassium 100 mg 2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - C
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - C
- Shellfish - NI

SERVING SUGGESTIONS



INGREDIENTS



INGREDIENTS: LIGHT TUNA, WATER, VEGETABLE BROTH, SALT.

HANDLING SUGGESTIONS



Ambient

PREPARATION & COOKING SUGGESTIONS



MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	45
Protein	10 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	20 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	180 mg
Calcium	
Iron	
Potassium	100 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

