

# 636306 - STARKIST 48/5OZ CHUNK LIGHT TUNA IN WATER

Starkist® Chunk Light Tuna in Water can features wild caught tuna with a naturally mild flavor people have come to expect from Starkist®. Try this in cool tuna salads and hot casseroles - Starkist® makes it easy to incorporate seafood into your lifestyle. With 90 calories and 20g of protein per can, this nutrient dense tuna can works well with Mediterranean, Weight Watchers, K...



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
006730	636306	10080000006735	48 x 5 OZ

Brand	Brand Owner	GPC Description
STARKIST	Starkist Seafood	Fish - Prepared/Processed (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
18.64 LBR	15 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.875 INH	10.375 INH	5.312 INH	764.679 INQ	14x8	1440 Days	30 FAH / 110 FAH

## Nutrition Facts

2 Servings per container

Serving Size 2oz drained (56g - about 1/4 cup)

Amount Per Serving

**Calories** **45**

% Daily Value\*

**Total Fat** 0.5 **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 20 mg **6%**

**Sodium** 180 mg **8%**

**Total Carbohydrates** 0 g **0%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars **%**

**Protein** 10 g

Vitamin D 8%

Calcium 0%

Iron 4%

Potassium 100 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## HANDLING SUGGESTIONS



Ambient

## SERVING SUGGESTIONS



## PREPARATION & COOKING SUGGESTIONS



As Drained

## INGREDIENTS



INGREDIENTS: LIGHT TUNA, WATER, VEGETABLE BROTH, SALT.

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N Peanuts - N

Eggs - N Tree - N

Soybean - C Fish - C

Wheat - N Shellfish - NI

Sesame - N Crustaceans - N

## MORE INFORMATION



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### NUTRITIONAL ANALYSIS



Calories	45
Protein	10 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	20 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	180 mg
Calcium	
Iron	
Potassium	100 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



### MORE IMAGES

