### 10073321301856 - WHOLE GRAIN NUGGET-.50Z/8LB

Offer a whole lot of goodness with our 51% Whole Grain Pretzels The perfect addition to any nutritious meal. Our soft, warm and delicious 51% whole grain pretzels with increased fiber and whole grain goodness. They're a great way to add excitement to school menus and more.



#### MARKETING

Provides various grains/breads for the Child Nutrition Program. Delivers up to 4 g fiber per pretzel, depending on size. Simply heat and serve

### PRODUCT SPECIFICATIONS



# **Nutrition Facts**

330 Servings per container

Serving Size

Amount Per Serving	
Calories	30

1 piece

Calories	30
	% Daily Value*
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 21 mg	1%
Total Carbohydrates 7 g	2%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	%
Protein 5 g	
Vitamin D	%
Calcium	0%
Iron	2%
Potassium	%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### HANDLING SUGGESTIONS

Keep Frozen Until Ready To Use



## **ALLERGENS**



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'





Peanuts - N



Tree - N



Soybean - N

(∞) Fish - N



🛞 Wheat - C

Shellfish - N



(%) Sesame - N

( ! ) Crustaceans - N

!) Molluscs - N

# INGREDIENTS

WHEAT FLOUR BLEND (ENRICHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR),

WATER, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: CORN SYRUP, WHEAT GLUTEN, BARLEY MALT POWDER (BARLEY MALT FLOUR DEXTROSE, WHEAT FLOUR), DOUGH CONDITIONER (WHEAT FLOUR, SALT, SOYBEAN OIL, L-CYSTEINE, ASCORBIC ACID, ENZYMES), ASCORBIC ACID, BICARBONATES AND CARBONATES OF SODA. SALT PACKET: SALT. CONTAINS WHEAT.

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### PREPARATION & COOKING SUGGESTIONS



### SERVING SUGGESTIONS



### MORE INFORMATION



Oven - Preheat to 350-400F. Lightly mist frozen soft pretzel with water, then sprinkle with salt if desired. Place salted pretzel in the oven and bake for 3-5 minutes. Microwave - Lightly mist frozen soft pretzel with water, sprinkle salt, microwave on high for 20-40 seconds. Heating times and temperatures may vary

Heat and serve.