

High Liner Foodservice Signature, 4.54 kg / 10 lb, Big Bob's Belly Buster, Beer Battered Cod fillets, Uncooked, approx 247g / 8.7oz

It doesn't get any bigger or better than High Liner Foodservice Signature Big Bob's® Beer Battered Cod Fillets. Here, larger-than-life natural cut premium fillets are dipped in comfort-food quality seasoned batter made with rich, malty beer. These hearty fillets deliver the ultimate "wow" factor in flavour and plate coverage with true homemade presentation and appeal. Whether baked or fried, each easily cooks from frozen to perfection to please the biggest appetites.

Product Last Saved Date: 31 August 2026

HIGH LINER FOODSERVICE™

Nutrition Facts

Servings per container

Serving Size **Per 100 g**

Amount Per Serving

Calories **190**

	% Daily Value*
Total Fat 10 g	**13%**
Saturated Fat 1 g	**5%**
Trans Fat 0 g	
Cholesterol 30 mg	**%**
Sodium 470 mg	**20%**
Total Carbohydrates 14 g	**%**
Dietary Fiber 0 g	**0%**
Total Sugars 0 g	
Includes Added Sugars	**%**
Protein 12 g	

Vitamin D	%
Calcium 10 mg	1%
Iron 0.75 mg	4%
Potassium 225 mg	5%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
5943	10061763059435	

Brand	GPC Description
High Liner Foodservice Signature	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.22 KGM			Undeclared	

Shipping Information

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
39.87 CMT	24.63 CMT	18.78 CMT	0.0184 MTQ	12x9	547 Days	

Ingredients :

Cod, Flour (wheat, corn), Canola oil, Beer, Water, Modified corn starch, Salt, Flavour, Spices, Sugars (sugar, high-maltose corn syrup, maltodextrin, malted barley, dextrose), Sodium aluminum phosphate (leavening acid), Baking soda. Contains: Cod (fish), Wheat, Barley.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: PLACE FROZEN PRODUCT IN PREHEATED 350°F/180°C OIL FOR ABOUT 7-8 MIN OR UNTIL DONE. CONVECTION OVEN: PLACE FROZEN PRODUCT IN PREHEATED 400°F/200°C OVEN FOR 14-15 MIN OR UNTIL DONE. OVEN: PLACE FROZEN PRODUCT IN PREHEATED 425°F/220°C OVEN FOR ABOUT 22-24 MIN OR UNTIL DONE. NOTE: COOK UNTIL A MINIMUM INTERNAL TEMPERATURE OF 158°F/70°C IS REACHED.

Species / Scientific Name:

Serving Suggestions:

Highly versatile Big Bob's® Beer Battered Fillets make the perfect hearty appetite-pleasing entrée, a "wow" sandwich or fried fish taco, or to add depth to a salad. They pair well with your own complementary sauces and sides.

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement:





