

Otis Spunkmeyer

934618 - Naturally Flavored Banana Nut Muffins

Great for breakfast on the go, lunch boxes, snacking. Made with ripe bananas and crunchy walnuts. Individually wrapped for to-go convenience.



MARKETING

Certified Kosher Dairy. Can be sold to schools. 1.75 Creditable Grain Ounce Equivalents based on grain content. No high fructose corn syrup.

Nutrition Facts

1 Servings per container

Serving Size1 MUFFIN

Amount Per Serving

Calories460

% Daily Value*

Total Fat 22 g28%

Saturated Fat 3.5 g18%

Trans Fat 0 g

Cholesterol 45 mg15%

Sodium 370 mg16%

Total Carbohydrates 60 g22%

Dietary Fiber 1 g4%

Total Sugars 33 g

Includes 31 g Added Sugars62%

Protein 6 g

Vitamin D 0.3 mcg2%

Calcium 30 mg2%

Iron 2.3 mg15%

Potassium 210 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
00105	934618	10091752001053	24 x 4 OZ

Brand	Brand Owner	GPC Description
Otis Spunkmeyer	ASPIRE BAKERIES	Pies/Pastries - Sweet (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
7.250 LBR	6.000 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.500 INH	11.750 INH	5.875 INH	0.6192 FTQ	10x13	365 Days	-10 FAH / 10 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - MC

Eggs - C

Soy - 30

Wheat - C

Sesame - 30

Peanuts - MC

Tree Nuts - C

Fish - 30

Shellfish - 30

SERVING SUGGESTIONS

Allow product to Thaw for 30 minutes before serving.

INGREDIENTS

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, WATER, EGGS, BANANAS, WALNUTS, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SALT, WHEAT GLUTEN, POTASSIUM SORBATE (PRESERVATIVE), PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, NATURAL BANANA FLAVOR, MONO- AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, CARAMEL COLOR, ENZYMES.CONTAINS: EGGS, WALNUTS, WHEAT.MADE IN A FACILITY THAT ALSO PROCESSES: MILK, PEANUTS, SOY AND OTHER TREE NUTS (ALMONDS, COCONUT, MACADAMIA NUTS, PECANS).

HANDLING SUGGESTIONS

24 Individually wrapped muffins are packed in a case. Keep Frozen; Shelf Life After Bake: N/A; Shelf Life After Defrost: 35 days (wrapped) when thawed at room temperature; After Defrost Storage Type: Ambient

PREPARATION & COOKING SUGGESTIONS

Thaw and serve.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	460
Protein	6 g
Total Carbohydrates	60 g
Sugars	33 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	22 g
Trans Fat	0 g
Saturated Fat	3.5 g
Added Sugars	31 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	45 mg
Vitamin D	0.3 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	370 mg
Calcium	30 mg
Iron	2.3 mg
Potassium	210 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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MORE IMAGES

