

Otis Spunkmeyer

934618 - Naturally Flavored Banana Nut Muffins

Great for breakfast on the go, lunch boxes, snacking. Made with ripe bananas and crunchy walnuts. Individually wrapped for to-go convenience.



MARKETING

Certified Kosher Dairy. Can be sold to schools. 1.75 Creditable Grain Ounce Equivalents based on grain content. No high fructose corn syrup.

Nutrition Facts

1 Servings per container

Serving Size1 MUFFIN

Amount Per Serving

Calories460

% Daily Value*

Total Fat 22 g28%

Saturated Fat 3.5 g18%

Trans Fat 0 g

Cholesterol 45 mg15%

Sodium 370 mg16%

Total Carbohydrates 60 g22%

Dietary Fiber 1 g4%

Total Sugars 33 g

Includes 31 g Added Sugars62%

Protein 6 g

Vitamin D 0.3 mcg2%

Calcium 30 mg2%

Iron 2.3 mg15%

Potassium 210 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

| Code | Dist Prod Code | GTIN | Calculated Pack | | | |
|-------------------------|-----------------|---------------------------------|---|--------|-----------------|----------------------|
| 00105 | 934618 | 10091752001053 | 24 x 4 OZ | | | |
| Brand | Brand Owner | GPC Description | | | | |
| Otis Spunkmeyer | ASPIRE BAKERIES | Pies/Pastries - Sweet (Frozen) | | | | |
| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition | |
| 7.250 LBR | 6.000 LBR | No | United States | Yes | No | |
| Shipping | | | | | | |
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 15.500 INH | 11.750 INH | 5.875 INH | 0.6192 FTQ | 10x13 | 365 Days | -10 FAH / 10 FAH |
| Traceability Regulation | | | | | | |
| Regulation Type Code | Regulatory Act | Trade Item Regulation Compliant | Regulation Restrictions and Descriptors | | | |
| N/A | N/A | N/A | N/A | | | |

HANDLING SUGGESTIONS

24 Individually wrapped muffins are packed in a case. Keep Frozen; Shelf Life After Bake: N/A; Shelf Life After Defrost: 35 days (wrapped) when thawed at room temperature; After Defrost Storage Type: Ambient

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - MC

Eggs - C

Soybean - 30

Wheat - C

Sesame - 30

AU - 30

Peanuts - MC

Tree - C

Fish - 30

Shellfish - 30

Crustaceans - 30
- INGREDIENTS

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, WATER, EGGS, BANANAS, WALNUTS, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SALT, WHEAT GLUTEN, POTASSIUM SORBATE (PRESERVATIVE), PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, NATURAL BANANA FLAVOR, MONO- AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, CARAMEL COLOR, ENZYMES. CONTAINS: EGGS, WALNUTS, WHEAT. MADE IN A FACILITY THAT ALSO PROCESSES: MILK, PEANUTS, SOY AND OTHER TREE NUTS (ALMONDS, COCONUT, MACADAMIA NUTS, PECANS).
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PREPARATION & COOKING SUGGESTIONS

Thaw and serve.

SERVING SUGGESTIONS

Allow product to Thaw for 30 minutes before serving.

MORE INFORMATION

NUTRITIONAL ANALYSIS

| | | | | | |
|---------------------|------|---------------------|---------|--------------|--------|
| Calories | 460 | Total Fat | 22 g | Sodium | 370 mg |
| Protein | 6 g | Trans Fat | 0 g | Calcium | 30 mg |
| Total Carbohydrates | 60 g | Saturated Fat | 3.5 g | Iron | 2.3 mg |
| Sugars | 33 g | Added Sugars | 31 g | Potassium | 210 mg |
| Dietary Fiber | 1 g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 45 mg | | |
| Vitamin A (IU) | | Vitamin D | 0.3 mcg | Thiamin | |
| Vitamin A (RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

NUTRITIONAL CLAIMS

| | |
|--------|-----|
| KOSHER | YES |
|--------|-----|

MORE IMAGES



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