

## - Sunsource Merit Garbanzo Beans - 6 pack, 108oz cans

**SIMPLE & DELICIOUS:** Garbanzo Beans may have simple ingredients; but they're packed with bold flavor that indicates high quality. Perfect for all your favorite recipes! **PLANT BASED PROTEIN:** Garbanzo beans are packed with plant-based protein to power your whole day - perfect for living a healthy lifestyle and a great addition for those following a plant based diet. **ENVIRO...**



### MARKETING

Sunsource Merit Garbanzo Beans. Ready to Eat. Great Addition to your Plant Based Diet. Rich and Creamy Taste. Naturally Gluten Free

## Nutrition Facts

24 Servings per container

**Serving Size** 1/2 cup

**Amount Per Serving**  
**Calories** 120

% Daily Value\*

**Total Fat** 2 3%

Saturated Fat 0 g 0%

Trans Fat 0 g

**Cholesterol** 0 mg 0%

**Sodium** 130 mg 6%

**Total Carbohydrates** 23 g 8%

Dietary Fiber 4 g 14%

Total Sugars 4 g

Includes 0 g Added Sugars 0%

**Protein** 7 g

Vitamin D 0 mcg 0%

Calcium 40 mg 4%

Iron 1.6 mg 8%

Potassium 260 mg 6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
F001868700062		10018687000623	6 x 108 ONZ			
Brand	Brand Owner	GPC Description				
Sunsource Merit	Unipro Foodservice Inc.	Vegetables - Prepared/Processed (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
47 LBR	40.5 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	Tlx/Hi	Shelf Life	Storage Temp From/To
18.66 INH	12.42 INH	7.08 INH	0.95 FTQ	7x7	1095 Days	55 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

### HANDLING SUGGESTIONS

Store at ambient temperature. Avoid freezing or prolonged storage above 90 F and below 40 F with no more than 50% humidity.

### ALLERGENS

**C** = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **NI** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N
- Crustaceans - N

### INGREDIENTS

PREPARED GARBANZO BEANS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), DISODIUM EDTA (FOR COLOR RETENTION).

## - Sunsource Merit Garbanzo Beans - 6 pack, 108oz cans

**SIMPLE & DELICIOUS:** Garbanzo Beans may have simple ingredients; but they're packed with bold flavor that indicates high quality. Perfect for all your favorite recipes! **PLANT BASED PROTEIN:** Garbanzo beans are packed with plant-based protein to power your whole day - perfect for living a healthy lifestyle and a great addition for those following a plant based diet. **ENVIRO...**

### PREPARATION & COOKING SUGGESTIONS

**Stovetop:** Empty contents into saucepan. Bring just to a boil; drain, if desired. Season to taste.  
**Microwave:** Empty contents into microwavable dish; cover; heat 3-4 minutes. Stir. Season to taste.

### SERVING SUGGESTIONS

Salad Bars. Casseroles. Soups. Pot Pies.

### MORE INFORMATION

### NUTRITIONAL ANALYSIS

Calories	120
Protein	7 g
Total Carbohydrates	23 g
Sugars	4 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	130 mg
Calcium	40 mg
Iron	1.6 mg
Potassium	260 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS

GLUTEN	FREE_FROM
--------	-----------

KOSHER	YES
--------	-----

### MORE IMAGES

