



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
7062	634248	20614583170629	4 x 2.5#

Brand	Brand Owner	GPC Description
PANAPESCA	PANAPESCA	Aquatic Invertebrates - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12 LBR	10 LBR	No	China	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.5 INH	9.5 INH	5.4 INH	0.4008 FTQ	14x14	730 Days	-18 FAH / 0 FAH

Nutrition Facts

10 Servings per container

Serving Size **4 oz**

Amount Per Serving  
**Calories 110**

% Daily Value\*

**Total Fat** 2 g **3%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 260 mg **87%**

**Sodium** 50 mg **2%**

**Total Carbohydrates** 3 g **1%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars **0%**

**Protein** 17 g

Vitamin D 0%

Calcium 4%

Iron 4%

Potassium 0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - NI
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS



See recipe on package

INGREDIENTS



squid

HANDLING SUGGESTIONS



KEEP FROZEN, THAW UNDER REFRIGERATION

PREPARATION & COOKING SUGGESTIONS



Cook time counts: freshly breaded calamari only needs 45 seconds to cook at 350 degree deep fryer.

MORE INFORMATION



**NUTRITIONAL ANALYSIS**



Calories	110
Protein	17 g
Total Carbohydrates	3 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	2 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	260 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	50 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS**



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