

10 Lb (4.54 kg) Crunchy Raw Breaded Cod Nuggets, 1 oz

High Liner Foodservice Crunchy Raw Breaded Cod Nuggets offer a higher quality seafood nugget. Made from premium wild caught Cod, each nugget features a specially seasoned breading for the perfect blend of crispy crunch and famously mild flavor and flaky texture of the Cod. These ready-to-cook nuggets are ready to serve in no time with exceptional plate consistency and appeal.

Product Last Saved Date: 20 October 2025

Brand

Nutrition Facts

40 Servings per container

Serving Size 4 oz (112g / About 4 Nuggets)

Amoun	t Per	Servi	ng
Cal	or	ies	3

150

Calories	150
	% Daily Value*
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 30 mg	11%
Sodium 520 mg	23%
Total Carbohydrates 19 g	7%
Dietary Fiber 1 g	2%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 14 g	
Vitamin D 0.5 mcg	2%
Calcium 0 mg	0%
Iron 0.8 mg	4%
Potassium 260 mg	6%

	Product Specifications :					
	Code	GTIN	Type Of Catch			
ıe!	1029103	10035493291038	WILD			

High Liner Foodservice Fish - Prepared/Processed (Frozen)		l	Gross Weight Net Weight	
	d/Processed (Frozen)	High Liner Foodservice		

GPC Description

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

Shipping Information						
Length Width Height Volume TIxHI Shelf Life Storage Temp From/To					Storage Temp From/To	
11.8125 INH	7.8125 INH	8.625 INH	0.4606 FTQ	20x5	547 Days	-10 FAH / 0 FAH

Ingredients:

COD, WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT FLOUR, YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF: SALT, EXPELLER PRESSED CANOLA OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), YEAST, SUGAR, GUAR GUM, NONFAT MILK, EGGS, NATURAL FLAVORS, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE). CONTAINS: FISH (COD), WHEAT, MILK, EGGS

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):					
Eggs - C	Milk - C	Soy - 30			
Fish - C Wheat - C TreeNuts - 30					
Peanuts - 30 Crustacean - 30 Sesame - 30					

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 4-6 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Species / Scientific Name:

Atlantic Cod - Gadus morhua, Pacific Cod - Gadus macrocephalus

Serving Suggestions:

Perfect as a kid's menu entree, a fun appetizer or to add a crunchy fun component to salads. Pairs well with traditional seafood sauces or your own signature sauce recipes.

Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com

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