

200794 - Cheerios Gluten Free Cereal Single Serve Bowlpak 96/1...

The classic toasted whole grain oat, gluten-free cereal in convenient single-serve bowls, perfect for breakfast or a snack. Ready-to-eat with room for milk, packaged in 96 - 1 oz bowls per case. No artificial flavors and no colors from artificial sources. Meets USDA whole grain-rich criteria and 1 oz. equivalent grain .



MARKETING

1 oz Equivalent Grain. Smart Snacks Compliant. CACFP Eligible. K-12 Regulation Ready.. Ready-to-eat bowl with portion control, perfect for milk addition and grab 'n go convenience.. Case count of 96 - 1 oz bowls. Perfect size for grab 'n go and classroom breakfast.. Toasted whole grain oats, no colors from artificial sources.. No artificial flavors or colors from artificial sources. Kosher pareve compliant.

Nutrition Facts

96 Servings per container

Serving Size1 bowl

Amount Per Serving

Calories100

% Daily Value*

Total Fat 2Saturated Fat 0 gTrans Fat 0 g

Cholesterol 0 mg

Sodium 140 mg

Total Carbohydrates 21 gDietary Fiber 3 gTotal Sugars 1 gIncludes 1 g Added Sugars

Protein 4 g

Vitamin D 2.8 mcg

Calcium 90 mg

Iron 9 mg

Potassium 180 mg

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code		GTIN		Calculated Pack	
32262000	200794		10016000322629		96/1 OZ	
Brand	Brand Owner		GPC Description			
Cheerios	GENERAL MILLS SALES INC.		Cereals Products - Ready to Eat (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
9.800 LBR	6.000 LBR	No		United States	Yes	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.750 INH	13.000 INH	18.620 INH	2.34600 FTQ	9x5	312 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- X99 - UN
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30
- Molluscs - 30

INGREDIENTS

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Cheerios

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

One Bowlpak

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	100	Total Fat	2	Sodium	140 mg
Protein	4 g	Trans Fat	0 g	Calcium	90 mg
Total Carbohydrates	21 g	Saturated Fat	0 g	Iron	9 mg
Sugars	1 g	Added Sugars	1 g	Potassium	180 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	2.8 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

IRON	GOOD_SOURCE_OF	WHOLE_GRAIN	EXCELLENT_SOURCE_OF	CHOLESTEROL	LOW
GLUTEN	FREE_FROM	WHOLE_GRAIN	CONTAINS	ARTIFICIAL_FLAVOUR	FREE_FROM
MSG	FREE_FROM	FAT	LOW	VITAMIN_D	GOOD_SOURCE_OF
FIBRE	GOOD_SOURCE_OF	GMO	FREE_FROM	CALCIUM	GOOD_SOURCE_OF
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	PROTEIN	GOOD_SOURCE_OF	IRON	EXCELLENT_SOURCE_OF
CHOLESTEROL	FREE_FROM	ENERGY	SOURCE_OF	TRANS_FAT	FREE_FROM
SATURATED_FAT	LOW	VITAMIN_D	EXCELLENT_SOURCE_OF	ARTIFICIAL_SWEETENERS	FREE_FROM
VEGETARIAN	YES	FREE_FROM_GLUTEN	YES	KOSHER	YES

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