

200794 - Cheerios Gluten Free Cereal Single Serve Bowlpak 96/1...

The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in a ready-to-eat bowl for convenient, single serve portion control. Made without gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.



MARKETING

The classic toasted whole grain oat, gluten-free cereal.. 96 - 1 oz single serve branded bowls per case. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack.. Contains no artificial flavors and no colors from artificial sources.. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain and whole grain-rich criteria.

Nutrition Facts

96 Servings per container

Serving Size1 bowl

Amount Per Serving

Calories100

% Daily Value*

Total Fat 2Saturated Fat 0 gTrans Fat 0 g

Cholesterol 0 mg

Sodium 140 mg

Total Carbohydrates 21 gDietary Fiber 3 gTotal Sugars 1 gIncludes 1 g Added Sugars

Protein 4 g

Vitamin D 2.8 mcg

Calcium 90 mg

Iron 9 mg

Potassium 180 mg

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Product Identification							
Code		Dist Prod Code		GTIN		Calculated Pack	
32262000		200794		10016000322629		96/1 OZ	
Brand	Brand Owner			GPC Description			
Cheerios	GENERAL MILLS SALES INC.			Cereals Products - Ready to Eat (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
9.800 LBR	6.00 LBR	No		United States		Yes	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
16.750 INH	13.000 INH	18.620 INH	2.34600 FTQ	9x5	312 Days	32 FAH / 95 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- X99 - UN
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30
- Molluscs - 30

INGREDIENTS

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

One Bowlpak

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	100	Total Fat	2	Sodium	140 mg
Protein	4 g	Trans Fat	0 g	Calcium	90 mg
Total Carbohydrates	21 g	Saturated Fat	0 g	Iron	9 mg
Sugars	1 g	Added Sugars	1 g	Potassium	180 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	2.8 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

MSG	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF	WHOLE_GRAIN	EXCELLENT_SOURCE_OF
CHOLESTEROL	FREE_FROM	IRON	EXCELLENT_SOURCE_OF	GLUTEN	FREE_FROM
ARTIFICIAL_FLAVOUR	FREE_FROM	SATURATED_FAT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
CALCIUM	GOOD_SOURCE_OF	CHOLESTEROL	LOW	ARTIFICIAL_SWEETENERS	FREE_FROM
ENERGY	SOURCE_OF	FIBRE	GOOD_SOURCE_OF	WHOLE_GRAIN	CONTAINS
IRON	GOOD_SOURCE_OF	FAT	LOW	TRANS_FAT	FREE_FROM
GMO	FREE_FROM	PROTEIN	GOOD_SOURCE_OF	VITAMIN_D	EXCELLENT_SOURCE_OF
FREE_FROM_GLUTEN	YES	VEGETARIAN	YES	KOSHER	YES

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