

- Beef Steak Flat Iron RR 1904 Choice Seas 8 oz 10#

Our 1904 Flat Iron USDA Choice Seasoned Steaks deliver exceptional quality, juiciness, and flavor. Pre-seasoned for perfect taste, these steaks are easy to cook—simply thaw and grill on a flat, outdoor, or char grill. Their versatility makes them ideal for breakfast, lunch, or dinner, and they can easily replace Skirt and Flank Steaks with less waste. Cut using automatic portio...



MARKETING

NAMP# 1114D



Nutrition Facts

| | |
|--------------------------------|----------------|
| 1 Servings per container | |
| Serving Size | 100g |
| Amount Per Serving | |
| Calories | 140 |
| % Daily Value* | |
| Total Fat 7 | 10.769% |
| Saturated Fat 3 g | 15% |
| Trans Fat 0 g | |
| Cholesterol 55 mg | 18.333% |
| Sodium 250 mg | 10.417% |
| Total Carbohydrates 0 g | 0% |
| Dietary Fiber 0 g | 0% |
| Total Sugars 0 g | |
| Includes 0 g Added Sugars | 0% |
| Protein 17 g | |
| Vitamin D 0 mcg | 0% |
| Calcium 9 mg | 0.9% |
| Iron 1.8 mg | 10% |
| Potassium 280 mg | 8% |

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

| Code | Dist Prod Code | GTIN | Calculated Pack | | | |
|-----------------------------|----------------|---------------------------------|---|------------|-----------------|----------------------|
| 80480 | | 10079821804804 | 20 x 1 x (8 ONZ to 8 ONZ) | | | |
| Brand | | Brand Owner | GPC Description | | | |
| DOUBLE RED 1904 | | BRANDING IRON HOLDINGS | Beef - Unprepared/Unprocessed | | | |
| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition | |
| 11 LBR | 10 LBR | No | United States | Undeclared | No | |
| Shipping | | | | | | |
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 16.25 INH | 11.75 INH | 3.5 INH | 0.3867 FTQ | 9x9 | 270 Days | -10 FAH / 10 FAH |
| Traceability Regulation | | | | | | |
| Regulation Type Code | Regulatory Act | Trade Item Regulation Compliant | Regulation Restrictions and Descriptors | | | |
| BUY_AMERICAN_PROVISION_USDA | N/A | TRUE | NOT_COVERED_BY_FTL | | | |

HANDLING SUGGESTIONS

Product should be stored between -10 and 10 degrees F

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- AU - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N
- Mustard - N

INGREDIENTS

Beef, Water, Salt, Dextrose, Sodium Phosphate

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PREPARATION & COOKING SUGGESTIONS

Fully thaw product before cooking. Preheat gas grill to high (475 F-525 F) Cook the following steak sizes for the time indicated until the cooked steak reaches 145 F degrees internal temperature, as measured with a meat thermometer. Allow the product to rest for 3 minutes before serving. Cook times may vary, dependent upon equipment. Size (Thickness), Cooking time (first side/After turning): 1/2-4 min./2 min.; 3/4-5 min./3 min.; 1-7 min./6 min.; 1 1/2-9 min./8min.

SERVING SUGGESTIONS

Versatile to use for many menu applications for breakfast, lunch, and dinner! Serve: As center of the plate steak dinner with potatoes and a vegetable. With caramelized onions or sautéed mushrooms. With Bleu cheese or horseradish sauce. With caramelized onions or sautéed mushrooms. With your signature seasoning or any steak seasoning. As a breakfast steak. As a steak sandwich. Sliced for salads. Sliced for fajitas. Sliced for stir fries. Cut into cubes for shish kabobs.

MORE INFORMATION

NUTRITIONAL ANALYSIS

| | |
|---------------------|------|
| Calories | 140 |
| Protein | 17 g |
| Total Carbohydrates | 0 g |
| Sugars | 0 g |
| Dietary Fiber | 0 g |
| Lactose | |
| Sucrose | |
| Vitamin A (IU) | 0 |
| Vitamin A (RE) | 0 |
| Vitamin C | 0 mg |
| Magnesium | |
| Monosodium | |

| | |
|---------------------|-------|
| Total Fat | 7 |
| Trans Fat | 0 g |
| Saturated Fat | 3 g |
| Added Sugars | 0 g |
| Polyunsaturated Fat | |
| Monounsaturated Fat | |
| Cholesterol | 55 mg |
| Vitamin D | 0 mcg |
| Vitamin E | |
| Folate | |
| Vitamin B-6 | |
| Sulphites | |

| | |
|--------------|--------|
| Sodium | 250 mg |
| Calcium | 9 mg |
| Iron | 1.8 mg |
| Potassium | 280 mg |
| Zinc | |
| Phosphorus | |
| Thiamin | |
| Niacin | |
| Riboflavin | |
| Vitamin B-12 | |
| Nitrates | |

NUTRITIONAL CLAIMS

| | | | | | |
|------------------|----------|--------------------------|-----------|----------|-----------|
| CORN | CONTAINS | TRANS_FAT | FREE_FROM | GLUTEN | FREE_FROM |
| MSG | NO_ADDED | HIGH_FRUCTOSE_CORN_SYRUP | FREE_FROM | PALM_OIL | FREE_FROM |
| FREE_FROM_GLUTEN | YES | | | | |

MORE IMAGES

