

IBP

450530 - Boneless Beef Inside Round

What's great about our Boneless Beef Inside Round? It is very lean yet flavorful, and can be cut into steaks or roasted and sliced for roast beef. This inner rear leg cut is versatile and can be used in different ways. For extra flavor and tenderness marinate Top Round steaks.



MARKETING

Each piece carefully hand-trimmed. Backed by commitment to the ibp Trusted Excellence brand. Our strategically located production facilities and forward warehouses are positioned to improve our shipping capacity and on-time delivery while reducing response time. State-of-the-art processes

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
D6137AS	450530	9002718203339	1/22.33 LBR TARGET

Brand	Brand Owner	GPC Description
IBP	Tyson Foods Inc.	Beef - Unprepared/Unprocessed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
23.433 LBR	22.333 LBR	Yes	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
15.63 INH	11.75 INH	6.19 INH	0.6579 FTQ	8x8	35 Days	28 FAH / 34 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - 30

Eggs - 30

Soy - 30

Wheat - 30

Sesame - 30

Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - NI

SERVING SUGGESTIONS

Fabricate into steaks or roast and slice for roast beef

INGREDIENTS

INGREDIENTS: BEEF

Nutrition Facts

Servings per container

Serving Size 4.00 OZ SERVING, Servings Per Container

Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 4.5	7%
Saturated Fat 1.5 g	8%
Trans Fat	
Cholesterol 70 mg	23%
Sodium 65 mg	3%
Total Carbohydrates 0 g	0%
Dietary Fiber	%
Total Sugars	
Includes Added Sugars	%
Protein 26 g	

Vitamin D	%
Calcium	%
Iron	%
Potassium	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Refrigerated

PREPARATION & COOKING SUGGESTIONS

COLOR IS NOT AN ACCURATE INDICATOR OF FINAL COOKED TEMPERATURE. ENSURE INTERNAL TEMPERATURE REACHES 145 F FOR 3 MINUTES.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	140
Protein	26 g
Total Carbohydrates	0 g
Sugars	
Dietary Fiber	
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	4.5
Trans Fat	
Saturated Fat	1.5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	70 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	65 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

