

450076 - Beef Chuck Flat, Boneless, USDA Choice



Excel's Chuck Flat is the remaining boneless lip extension of the Chuck Eye up to but not including the Chuck Short-rib. The product is rectangular in shape and must be minimum 2.5 inches and maximum of 5 inches wide. The surface fat is trimmed to the blue tissue leaving flakes of fat not to exceed 1/8 inch.



MARKETING

Vacuum sealed for extended shelf life, freshness and food safety.. USDA Certified. Consistent product quality, flavor and texture.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11523	450076	90028749115239	Vacuum packed 4 pieces per bag, 9 bags per box.

Brand	Brand Owner	GPC Description
Excel	Cargill Incorporated/ Beef	Beef - Unprepared/Unprocessed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
70.7 LBR	68.1 LBR	Yes	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.188 INH	15.813 INH	9.313 INH	1.976 FTQ	5x5	42 Days	26 FAH / 38 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

HANDLING SUGGESTIONS

Keep Refrigerated

SERVING SUGGESTIONS

USDA Choice beef has less marbling than prime, but still provides a very tender, juicy, and flavorful cut. Very versatile, it can be dry cooked through grilling and roasting or enhance the tenderness by braising or simmering with a small amount of liquid.

PREPARATION & COOKING SUGGESTIONS

Cook to an internal temperature of 145F to 160F, as measured by a meat thermometer, following preferred cooking method. Let rest for 5 minutes before serving.

Nutrition Facts

280 Servings per container

Serving Size 4 oz. (112g)

Amount Per Serving
Calories 270

% Daily Value*

Total Fat 20 **32%**

Saturated Fat 8 g **41%**

Trans Fat

Cholesterol 75 mg **25%**

Sodium 65 mg **3%**

Total Carbohydrates 0 g **0%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars %

Protein 21 g

Vitamin D %

Calcium 0%

Iron 15%

Potassium %

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Beef

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	270
Protein	21 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	20
Trans Fat	
Saturated Fat	8 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	75 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	65 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

