

Otis Spunkmeyer-Delicious Essential

567757 - Naturally Flavored Banana Muffin(s) Made With Whole G...

Delicious, thaw and serve individually wrapped 2 ounce muffins made in the most popular flavors. These muffins are made to meet strict school nutritional guidelines without sacrificing taste. Available in Blueberry, Banana, Apple Cinnamon and Chocolate Chocolate Chip.



MARKETING

Certified Kosher Dairy. Meets Smart Snack Criteria. Can be Sold to Schools. 0g Trans fat per serving. Minimum 50% of total grains as whole grain. No High Fructose Corn Syrup.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10144	567757	10013087101444	72 x 2 OZ

Brand	Brand Owner	GPC Description
Otis Spunkmeyer-Delicious Essential	ASPIRE BAKERIES	Sweet Bakery Products Variety Packs

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.750 LBR	9.000 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.313 INH	11.438 INH	8.250 INH	0.9454 FTQ	9x9	365 Days	-10 FAH / 10 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - 30

Eggs - C

Soy - C

Wheat - C

Sesame - 30

Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - 30

SERVING SUGGESTIONS

Serve along side your favorite beverage

HANDLING SUGGESTIONS

Each muffin is individually wrapped in film that is fully labeled for retail sale. 72 individually wrapped muffins are packed per shipping case. Frozen; Shelf Life After Bake: N/A; Shelf Life After Defrost: 21 days (in original, sealed film); After Defrost Storage Type: AMBIENT

PREPARATION & COOKING SUGGESTIONS

Thaw and serve. Must keep frozen until ready to use.

MORE INFORMATION

Nutrition Facts

1 Servings per container

Serving Size1 MUFFIN

Amount Per Serving

Calories190

% Daily Value*

Total Fat6 g8%

Saturated Fat2 g9%

Trans Fat0 g

Cholesterol40 mg13%

Sodium130 mg6%

Total Carbohydrates30 g11%

Dietary Fiber2 g8%

Total Sugars17 g

Includes 15 g Added Sugars31%

Protein3 g

Vitamin D0.1 mcg0%

Calcium30 mg2%

Iron0.9 mg4%

Potassium120 mg2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, BANANAS, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: FRACTIONATED INTERESTERIFIED PALM OIL, CANOLA OIL, OAT FIBER, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MONO- AND DIGLYCERIDES, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, NATURAL BANANA FLAVOR, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, ENZYMES. CONTAINS: EGGS, SOY, WHEAT.

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NUTRITIONAL ANALYSIS



Calories	190
Protein	3 g
Total Carbohydrates	30 g
Sugars	17 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	6 g
Trans Fat	0 g
Saturated Fat	2 g
Added Sugars	15 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	40 mg
Vitamin D	0.1 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	130 mg
Calcium	30 mg
Iron	0.9 mg
Potassium	120 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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MORE IMAGES

