# 567757 - Naturally Flavored Banana Muffin(s) Made With Whole G...

Delicious, thaw and serve individually wrapped 2 ounce muffins made in the most popular flavors. These muffins are made to meet strict school nutritional guidelines without sacrificing taste. Available in Blueberry, Banana, Apple Cinnamon and Chocolate Chip.



#### MARKETING

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Certified Kosher Dairy. Meets Smart Snack Criteria. Can be Sold to Schools. 0g Trans fat per serving. Minimum 50% of total grains as whole grain. No High Fructose Corn Syrup.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10144	567757	10013087101444	72 x 2 OZ

Brand	Brand Owner	GPC Description
Otis Spunkmeyer-Delicious Essential	ASPIRE BAKERIES	Sweet Bakery Products Variety Packs

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.750 LBR	9.000 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
17.313 INH	11.438 INH	8.250 INH	0.9454 FTQ	9x9	365 Days	-10 FAH / 10 FAH

# **Nutrition Facts**

1 Servings per container

Serving Size

Amount Per Serving

1 MUFFIN

Calories	190
	% Daily Value*
Total Fat 6 g	8%
Saturated Fat 2 g	9%
Trans Fat 0 g	
Cholesterol 40 mg	13%
Sodium 130 mg	6%
Total Carbohydrates 30 g	11%
Dietary Fiber 2 g	8%
Total Sugars 17 g	
Includes 15 g Added Sugars	31%
Protein 3 g	
Vitamin D 0.1 mcg	0%
Calcium 30 mg	2%
Iron 0.9 mg	4%
Potassium 120 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# HANDLING SUGGESTIONS

Each muffin is individually wrapped in film that is fully labeled for retail sale. 72 individually wrapped

muffins are packed per shipping case. Frozen; Shelf Life After Bake: N/A; Shelf Life After Defrost: 21 days (in original, sealed film); After Defrost Storage



# SERVING SUGGESTIONS



Serve along side your favorite beverage

# PREPARATION & COOKING SUGGESTIONS



Thaw and serve. Must keep frozen until ready to use.

# INGREDIENTS

Type: AMBIENT



INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, BANANAS, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF FRACTIONATED INTERESTERIFIED PALM OIL CANOLA OIL, OAT FIBER, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MONO- AND DIGLYCERIDES, MODIFIED CORN STARCH. POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, NATURAL BANANA FLAVOR, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, ENZYMES. CONTAINS: EGGS, SOY, WHEAT.

### ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(i) Milk - 30

Peanuts - 30

( Eggs - C

(1) Tree - 30

Soybean - C











(i) AU - 30

### MORE INFORMATION



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# **NUTRITIONAL ANALYSIS**

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Calories	190
Protein	3 g
Total Carbohydrates	30 g
Sugars	17 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	6 g
Trans Fat	0 g
Saturated Fat	2 g
Added Sugars	15 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	40 mg
Vitamin D	0.1 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	130 mg
Calcium	30 mg
Iron	0.9 mg
Potassium	120 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### **NUTRITIONAL CLAIMS**

KOSHER YES

## MORE IMAGES







