

18 Lb (8.16 kg) Oven Ready Whole Grain Golden Crunchy Breaded Alaska Pollock Rectangles 3.6 oz, CN, MSC

High Liner Oven Ready Whole Grain Golden Crunchy Breaded Alaska Pollock Rectangles are quick and easy to prepare, and ensure a flavorful crunch in every bite. These kid-friendly seasoned, whole grain breaded portions come ready to bake from frozen to golden crunchy perfection in minutes, with the consistency and plate appeal you demand. Perfect for school menus and a variety of other Child Nutrition-approved applications.

Product Last Saved Date: 01 October 2026

HIGH LINER FOODSERVICE™

Nutrition Facts

80 Servings per container

Serving Size **1 Portion (101g)**

Amount Per Serving

Calories **180**

	% Daily Value*
Total Fat 7 g	**9%**
Saturated Fat 1 g	**6%**
Trans Fat 0 g	
Cholesterol 45 mg	**15%**
Sodium 270 mg	**12%**
Total Carbohydrates 16 g	**6%**
Dietary Fiber 1 g	**5%**
Total Sugars 1 g	
Includes 0 g Added Sugars	**0%**
Protein 15 g	
Vitamin D 1.3 mcg	6%
Calcium 0 mg	0%
Iron 1.1 mg	6%
Potassium 300 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
1089300	10035493893003	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
19.8 LBR	18 LBR	N/A	Undeclared	

Shipping Information

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.6969 INH	9.6969 INH	9.8937 INH	0.8715 FTQ	13x4	547 Days	-10 FAH / 0 FAH

Ingredients :

71.3% ALASKA POLLOCK; 28.7% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL, WATER, YELLOW CORN FLOUR, SUGAR, SALT, YEAST, WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DEHYDRATED ONION, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR). PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - C	Soy - INII
Fish - C	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 375°F and bake for 15-17 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 20-22 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Serving Suggestions:

Ideal paired with your favorite signature sauce or side. Perfect as center of plate, sandwich or salad features. Ideal as a school lunch P.L.T. (Pollock, Lettuce, and Tomato) sandwich with fruit or your veggie of choice.

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: Yes

CN Statement: ONE 3.60 OZ OVEN READY WHOLE GRAIN BREADED FISH PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT AND 1.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 01/2026).


PERISHABLE
KEEP FROZEN




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Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

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1089300

ALASKA GENUINE POLLOCK®
www.alaskapollock.org

WHOLE GRAIN RICH

LOT#: 1234567890

CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org

Seafood certified to MSC's environmental standard for fishing. msc.org MSC-C-50552

CN 101552

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CN

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

DO NOT REFREEZE

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MANUFACTURED BY:
HIGH LINER FOODS,
PORTSMOUTH, NH 03801
FOR INQUIRIES CALL:
1-888-860-3664
www.highlinerfoodservice.com

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NET WT 18 Lb (8.16 kg)

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1089300

U.S. GRADE A
PROCESSED UNDER FEDERAL INSPECTION US DEPARTMENT OF COMMERCE
EST. #045

10035493893003

High Liner Bid Desk Contact and Specification Verification:

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