202641 - QUAKER OATMEAL OLDFASHION REGULAR 42Z/12







MARKETING

QUAKER Old Fashioned Oats is the correct variety to use if you are using the product in recipes or if you are holding on the stove top during your breakfast service.. If you are preparing individual servings, use QUAKER Quick Oats.. If you are including your Oatmeal on a steamtable, use QUAKER Steamtable Oats.. Package is not labeled for consumer sale.

Nutrition Facts

30 Servings per container

Serving Size 1/2 cup dry (40 g)

Amount Per Serving Palarias

Calories	130	
	% Daily Value*	
Total Fat 3	4%	
Saturated Fat 0.5 g	3%	
Trans Fat 0 g		
Cholesterol 0 mg	0%	
Sodium 0 mg	0%	
Total Carbohydrates 27 g	10%	
Dietary Fiber 4 g	13%	
Total Sugars 1 g		
Includes 0 g Added Sugars	0%	
Protein 5 g		
Vitamin D 0 mcg	0%	
Calcium 20 mg	0%	
Iron 1.5 mg	8%	

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10030000432935	202641	10030000432935	12 x 42 OZ

Brand	Brand Owner	GPC Description	
Quaker	PepsiCo Inc. Brand Owner	Grains/Cereal - Not Ready to Eat - (Shelf Stable)	

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
35.2 LBR	31.5 LBR	No	United States	Yes	No

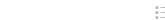
Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
20.8 INH	16 INH	10.2 INH	1.964 FTQ	6x5	540 Days	35 FAH / 85 FAH

ALLERGENS



SERVING SUGGESTIONS





C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

(門) Milk - NI

(S) Peanuts - NI

Eggs - NI

(1) Tree Nuts - NI

🗞 Soy - NI

(SO) Fish - NI

(🕸) Wheat - NI

(M) Shellfish - NI

(%) Sesame - NI

INGREDIENTS

Potassium 150 mg



2%

WHOLE GRAIN ROLLED OATS.

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	150
Protein	5 g
Total Carbohydrates	27 g
Sugars	1 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	40 mg
Monosodium	

Total Fat	3
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	1 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	20 mg
Iron	1.5 mg
Potassium	150 mg
Zinc	
Phosphorus	130 mg
Thiamin	0.2 mg
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER YES

MORE IMAGES

