

Cocoa Puffs

200790 - Cocoa Puffs Cereal Single Serve Bowlpak 96/1.063 OZ

A puffed, reduced sugar whole grain corn-based chocolate-flavored cereal in a ready-to-eat bowl for convenient, single serve portion control. Made without gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. CACFP eligible.



MARKETING

Fan favorite Cocoa Puffs taste. Naturally flavored, reduced sugar, frosted whole grain corn puff cereal with real cocoa.. 96 - 1 oz single serve branded bowls per case. This ready-to-eat bowl provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack.. Contains no artificial flavors or colors from artificial sources.. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain standard, whole grain-rich criteria, and USDA Smart Snacks criteria. Great for use in K-12 schools and healthcare. CACFP eligible.

Nutrition Facts

96 Servings per container

Serving Size1 bowl

Amount Per Serving

Calories120

% Daily Value\*

Total Fat 1.52%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 125 mg5%

Total Carbohydrates 25 g9%

Dietary Fiber 2 g7%

Total Sugars 6 g

Includes 6 g Added Sugars12%

Protein 2 g

Vitamin D 3 mcg15%

Calcium 110 mg8%

Iron 2.7 mg15%

Potassium 100 mg2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
31888000	200790	10016000318882	96/1.063 OZ			
Brand	Brand Owner	GPC Description				
Cocoa Puffs	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
10.200 LBR	6.38 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.750 INH	13.000 INH	18.620 INH	2.34600 FTQ	9x5	312 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A	N/A	N/A			N/A	

HANDLING SUGGESTIONS

Keep in a cool dry place

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - 30

Eggs - 30

Soybean - 30

Wheat - MC

Sesame - 30

Pine Nuts - 30

Cashews - 30

Macadamia Nuts - 40

Coconuts - 30

Brazil Nuts - 30

Walnuts - 30

Peanuts - 30

Tree - 30

Fish - 30

Shellfish - NI

Crustaceans - 30

Almonds - 30

Hazelnuts - 30

Chestnuts - 30

Pecan Nuts - 30

Pistachios - 30

Molluscs - 30
- INGREDIENTS

Whole Grain Corn, Sugar, Rice Flour, Corn Syrup, Cocoa Processed With Alkali, Color (caramel color and annatto extract), Canola and/or Sunflower Oil, Salt, Baking Soda, Natural Flavor. Vitamins and Minerals: Tricalcium Phosphate, Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.
- Last Saved: 23 May 2025 | Printed: 01 August 2025

Powered by Syndigo LLC - syndigo.com

Page 1 of 3

Cocoa Puffs

200790 - Cocoa Puffs Cereal Single Serve Bowlpak 96/1.063 OZ

A puffed, reduced sugar whole grain corn-based chocolate-flavored cereal in a ready-to-eat bowl for convenient, single serve portion control. Made without gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. CACFP eligible.

PREPARATION & COOKING SUGGESTIONS



Ready to eat

SERVING SUGGESTIONS



One Bowlpak

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	120
Protein	2 g
Total Carbohydrates	25 g
Sugars	6 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	6 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	3 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	125 mg
Calcium	110 mg
Iron	2.7 mg
Potassium	100 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



ARTIFICIAL_FLAVOUR	FREE_FROM	FAT	LOW	SUGARS	REDUCED_LESS
ENERGY	SOURCE_OF	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	SATURATED_FAT	LOW
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	FIBRE	GOOD_SOURCE_OF	WHOLE_GRAIN	EXCELLENT_SOURCE_OF
IRON	GOOD_SOURCE_OF	MSG	FREE_FROM	TRANS_FAT	FREE_FROM
VITAMIN_D	EXCELLENT_SOURCE_OF	CHOLESTEROL	LOW	WHOLE_GRAIN	CONTAINS
CALCIUM	GOOD_SOURCE_OF	CHOLESTEROL	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF
IRON	EXCELLENT_SOURCE_OF	VEGETARIAN	YES	KOSHER	YES

MORE IMAGES

