



MARKETING

Our delicious blueberry flavor is a refreshing and satisfying treat.

Nutrition Facts

1 Servings per container

Serving Size1 Bar

Amount Per Serving

Calories140

% Daily Value*

Total Fat 4.5 g6%

Saturated Fat 0.5 g3%

Trans Fat 0 g

Cholesterol 5 mg2%

Sodium 75 mg3%

Total Carbohydrates 23 g8%

Dietary Fiber 1 g4%

Total Sugars 9 g

Includes 8 g Added Sugars16%

Protein 2 g

Vitamin D 0 mcg0%

Calcium 10 mg0%

Iron 1 mg6%

Potassium 54 mg2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
70600	311616	00675825706002	216 x 1.2 OZ			
Brand	Brand Owner		GPC Description			
Appleways	Darlington Cookie Co. Inc. - 0675825000018		Cereal/Muesli Bars			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
18 LBR	16.2 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.07 INH	15.82 INH	7.4 INH	1.29 FTQ	6x8	180 Days	45 FAH / 85 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Dry Storage/Ready-to-Eat

ALLERGENS

Milk - C

Eggs - N

Soybean - C

Wheat - C

Sesame - N

Molluscs - N

Peanuts - N

Tree - NI

Fish - N

Shellfish - N

Crustaceans - N

INGREDIENTS

Whole Grain Blend (Rolled Oats, Whole Grain Wheat Flour), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Invert Syrup, Soybean Oil, Corn Syrup, Raisin Paste, Canola Oil, Apple Puree (Apples, Ascorbic Acid), Apple Juice Concentrate, Blueberry Bits (Sugar, Soybean Oil, Whole Grain Wheat Flour, Blueberry Powder, Citric Acid, Fruit Juice Extract, Natural Flavors), Fructose, Natural Flavors (Contains Milk), Soy Lecithin, Salt, Molasses, Apple Fiber, Non-fat Dry Milk, Baking Soda. CONTAINS: WHEAT, SOY, & MILK

PREPARATION & COOKING SUGGESTIONS

Ready to Eat

SERVING SUGGESTIONS

1 Bar

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	140	Total Fat	4.5 g	Sodium	75 mg
Protein	2 g	Trans Fat	0 g	Calcium	10 mg
Total Carbohydrates	23 g	Saturated Fat	0.5 g	Iron	1 mg
Sugars	9 g	Added Sugars	8 g	Potassium	54 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5 mg		
Vitamin A (IU)	0	Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)	0	Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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MORE IMAGES

