# 311221 - Appleways Whole Grain 1.4 oz Oatmeal Raisin Cookies, ...

Artfully baked with the enticing taste of a traditional soft baked cookie, along with whole grains and all-natural flavors and colors. This is one cookie you don't have to think twice about indulging in.



1 Cookie



#### MARKETING

Our oatmeal raisin flavor combines fruity, sweet raisins with soft, wholesome

# **Nutrition Facts**

1 Servings per container

Serving Size

Amount Per Serving Calories	160
	% Daily Value*
Total Fat 5 g	6%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 90 mg	4%
<b>Total Carbohydrates</b> 27 g	10%
Dietary Fiber 2 g	7%
Total Sugars 12 g	
Includes 9 g Added Sugars	18%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 12 mg	0%
Iron 1 mg	6%

Potassium 84 mg 2% The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack	
73000	311221	00675825730007	160 x 1.4 OZ	

Brand	Brand Owner	GPC Description		
Appleways	Darlington Cookie Co. Inc 0675825000018	Biscuits/Cookies (Shelf Stable)		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
16 LBR	14 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
19.07 INH	15.82 INH	7.4 INH	1.29 FTQ	6x8	180 Days	50 FAH / 80 FAH

## **ALLERGENS**



SERVING SUGGESTIONS

1 Cookie



advice.



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(門) Milk - C

( Peanuts - N

( Eggs - C

(্র্যু) Tree Nuts - NI



(SO) Fish - N

(👸) Wheat - C

(M) Shellfish - N

Sesame - N

# **INGREDIENTS**

Whole Grain Blend (Oats, Whole Grain Wheat Flour), Enriched Wheat Flour (Bleached Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Invert Syrup, Corn Syrup, Palm Oil, Raisin Paste, Raisins, Canola Oil, Molasses, Applesauce (Apples, Ascorbic Acid), Soy Lecithin, Spices, Salt, Natural Flavors (Contains Milk), Baking Soda, Eggs, Sodium Ascorbate (Vitamin C). CONTAINS: WHEAT, SOY, EGGS & MILK

#### HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



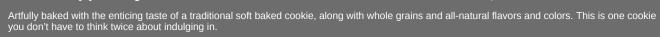
Dry Storage/Ready-to-Eat

Ready to Eat

### MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	160
Protein	2 g
Total Carbohydrates	27 g
Sugars	12 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	5 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	9 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	90 mg
Calcium	12 mg
Iron	1 mg
Potassium	84 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS** 

KOSHER YES

MORE IMAGES

