

201220 - Sweet, Toasty frosted flakes of corn

Part of a nutritious breakfast



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
09817	201220	10042400098178	4 x 45 OZ

Brand	Brand Owner	GPC Description
Malt-O-Meal	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12.93 LBR	11.25 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20 INH	16 INH	9.38 INH	1.74 FTQ	6x5	365 Days	32 FAH / 95 FAH

HANDLING SUGGESTIONS



Dry

SERVING SUGGESTIONS



serve with fruit and/or milk

PREPARATION & COOKING SUGGESTIONS



Add milk

Nutrition Facts

180 Servings per container

Serving Size 1.25 cup

Amount Per Serving
Calories 160

% Daily Value*

Total Fat 0 g 0%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 190 mg 8%

Total Carbohydrates 37 g 13%

Dietary Fiber 0 g 0%

Total Sugars 15 g

Includes 15 g Added Sugars 30%

Protein 2 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 5.4 mg 30%

Potassium 30 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS



Ingredients: Milled Corn, Sugar, Contains 2% or less of: Corn Syrup, Salt, Barley Malt Extract, Wheat Starch. Vitamins And Minerals: Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Zinc Oxide (source of zinc), Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (a B-Vitamin), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid. CONTAINS WHEAT.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N Peanuts - N

Eggs - N Tree - N

Soybean - N Fish - N

Wheat - C Shellfish - N

Sesame - N Crustaceans - N

MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	160
Protein	2 g
Total Carbohydrates	37 g
Sugars	15 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	15 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	0 mg
Iron	5.4 mg
Potassium	30 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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KOSHER	YES
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