## 567861 - Muffins, Whole Grain, Blueberry, Individually Wrapped

In the mood for a muffin? Give our whole grain blueberry muffins a try! Perfect for breakfast or as a sweet snack anytime of the day. Since they are individually wrapped, grab more than one and share with friends and family.



#### MARKETING



# **Amount Per Serving Calories**

4 oz (113g)

**Nutrition Facts** 

48 Servings per container

**Serving Size** 

	% Daily Value*
Total Fat 9	12%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 35 mg	12%
Sodium 190 mg	8%
Total Carbohydrates 52 g	19%
Dietary Fiber 2 g	7%
Total Sugars 27 g	
Includes 26 g Added Sugars	52%
<b>Protein</b> 5 g	
Vitamin D 0 mcg	0%
Calcium 27 mg	2%
Iron 2 mg	10%
Potassium 105 mg	2%

# The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code				GTIN			Calculated Pack		
1314		567861				00737410131405			48/4 oz	
Brand Brand C				ınd Owr	nd Owner		GPC Description			
Bake Crafters Bake Cra			Bake Craft	ofters Food Company				Bread (Frozen)		
Gross Weig	Gross Weight Net Weight Case/Cate			h Weig	ht	t Country Of Origin			Kosher	Child Nutrition
13.25 LBR		12 LBR N		0	United States		Yes	No		
Shipping										
Length	h Width Height		ight Vol	ume	Tlxl	xHI Shelf Life		ife	Storage Temp From/To	
21.187 INH	13.875 INH 5.625 INH		5 INH 0.95	7 FTQ	7x1	.2	365 Days		0 FAH / 15 FAH	
Traceability Regulation										
Regulation Type Regulatory Code Act		1	Trade Item Regulation Compliant			Reg	Regulation Restrictions and Descriptors			
N/A N/A			N/A				N/A			

### HANDLING SUGGESTIONS

5 days at ambient. 365 days frozen.



## **ALLERGENS**



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'







Tree - N



(SO) Fish - UN



Shellfish - NI



(%) Sesame - N

Crustaceans - UN

( ) AU - UN

Mustard - UN

### **INGREDIENTS**



Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Sugar, Egg, Soybean/Canola Oil, Blueberries, Invert Sugar, Egg Extender (Wheat Flour, Egg Yolk, Egg Solids, Soybean Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Tumeric Oleoresin, Enzymes), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Milk Whey, Wheat Gluten, Soy Flour, Salt, Emulsifiers (Sodium Stearoyl Lactylate, Propylene Glycol Monoesters, Monoglycerides), Soy Lecithin, Softener (Powder Fruit Juice, Grain Dextrin, Vegetable Fiber)

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### PREPARATION & COOKING SUGGESTIONS



### **SERVING SUGGESTIONS**



### MORE INFORMATION



Thaw desired amount from freezer for approximately two hours, or place in microwave for approximately 30 seconds on high power. Remove all packaging from product before placing in any heating device.

1 muffin, 4oz.

E-mail: support@bakecrafters.com, Telephone: (423) 396-3392, Tele/Fax: (423) 396-9604, Website: https://bakecraft...

### **NUTRITIONAL ANALYSIS**



Calories	310
Protein	5 g
Total Carbohydrates	52 g
Sugars	27 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	9
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	26 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	35 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	27 mg
Iron	2 mg
Potassium	105 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### **NUTRITIONAL CLAIMS**



TRANS_FAT	FREE_FROM
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KOSHER

YES

### MORE IMAGES





