#### 567861 - Muffins, Whole Grain, Blueberry, Individually Wrapped

In the mood for a muffin? Give our whole grain blueberry muffins a try! Perfect for breakfast or as a sweet snack anytime of the day. Since they are individually wrapped, grab more than one and share with friends and family.



#### MARKETING



## **Calories**

**Serving Size** 

**Amount Per Serving** 

48 Servings per container

4 oz (113g)

	% Daily Value*
Total Fat 9	12%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 35 mg	12%

**Nutrition Facts** 

Sodium 190 mg	8%
<b>Total Carbohydrates</b> 52 g	19%
Dietary Fiber 2 g	7%

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Total Sugars 27 g	
Includes 26 g Added Sugars	52%

Protein 5 g	
Vitamin D 0 mcg	0%
Calcium 27 mg	2%
Iron 2 mg	10%
Potassium 105 mg	2%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
1314	567861	00737410131405	48/4 oz

Brand	Brand Owner	GPC Description
Bake Crafters	Bake Crafters Food Company	Bread (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13.25 LBR	12 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
21.187 INH	13.875 INH	5.625 INH	0.957 FTQ	7x12	365 Days	0 FAH / 15 FAH

#### HANDLING SUGGESTIONS

5 days at ambient. 365 days frozen.



**SERVING SUGGESTIONS** 

1 muffin, 4oz.



PREPARATION & COOKING SUGGESTIONS



Thaw desired amount from freezer for approximately two hours, or place in microwave for approximately 30 seconds on high power. Remove all packaging from product before placing in any heating device.

# INGREDIENTS



Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Sugar, Egg, Soybean/Canola Oil, Blueberries, Invert Sugar, Egg Extender (Wheat Flour, Egg Yolk, Egg Solids, Soybean Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Tumeric Oleoresin, Enzymes), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Milk Whey, Wheat Gluten, Soy Flour, Salt, Emulsifiers (Sodium Stearoyl Lactylate, Propylene Glycol Monoesters, Monoglycerides), Soy Lecithin, Softener (Powder Fruit Juice, Grain Dextrin, Vegetable Fiber)

#### **ALLERGENS**



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derive Derived From Ingredients'; NI = 'No Info'

([]) Milk - C



Peanuts - N













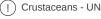
🗯 Fish - UN











!) AU - UN

Mustard - UN

#### MORE INFORMATION



E-mail: support@bakecrafters.com, Telephone: (423) 396-3392, Tele/Fax: (423) 396-9604, Website: https://bakecraft...

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### **NUTRITIONAL ANALYSIS**



Calories	310
Protein	5 g
Total Carbohydrates	52 g
Sugars	27 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	9
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	26 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	35 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	27 mg
Iron	2 mg
Potassium	105 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

#### **NUTRITIONAL CLAIMS**

TRANS_FAT	FREE_FROM
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KOSHER YES

#### MORE IMAGES





