## 567861 - Muffins, Whole Grain, Blueberry, Individually Wrapped

In the mood for a muffin? Give our whole grain blueberry muffins a try! Perfect for breakfast or as a sweet snack anytime of the day. Since they are individually wrapped, grab more than one and share with friends and family.



4 oz (113g)



### MARKETING



# **Amount Per Serving Calories**

48 Servings per container

Serving Size

**Nutrition Facts** 

	% Daily Value*
Total Fat 9	12%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 35 mg	12%
Sodium 190 mg	8%
Total Carbohydrates 52 g	19%
Dietary Fiber 2 g	7%
Total Sugars 27 g	
Includes 26 g Added Sugar	s <b>52%</b>
<b>Protein</b> 5 g	
Vitamin D 0 mcg	0%
Calcium 27 mg	2%
Iron 2 mg	10%

Potassium 105 mg 2% The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Flour [Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Sugar, Egg,

Lactylate, Propylene Glycol Monoesters,

Juice, Grain Dextrin, Vegetable Fiber)

Soybean/Canola Oil, Blueberries, Invert Sugar, Egg Extender (Wheat Flour, Egg Yolk, Egg Solids, Soybean

Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Tumeric Oleoresin, Enzymes), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum

Phosphate, Monocalcium Phosphate), Milk Whey, Wheat Gluten, Soy Flour, Salt, Emulsifiers (Sodium Stearoyl

Monoglycerides), Soy Lecithin, Softener (Powder Fruit

#### PRODUCT SPECIFICATIONS

Code Dist Prod Code		GTIN	Calculated Pack	
1314	567861	00737410131405	48/4 oz	

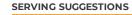
Brand	Brand Owner	GPC Description	
Bake Crafters Bake Crafters Food Company		Bread (Frozen)	

ı	Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
	13.25 LBR	12 LBR	No	United States	Yes	No

	Shipping						
	Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
Γ	21.187 INH	13.875 INH	5.625 INH	0.957 FTQ	7x12	365 Days	0 FAH / 15 FAH

### **ALLERGENS**







**INGREDIENTS** 

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(门) Milk - C

( Peanuts - N

( Eggs - C

(1) Tree Nuts - N

(M) Shellfish - NI



Fish - UN



Sesame - UN

1 muffin, 4oz.

# HANDLING SUGGESTIONS

5 days at ambient. 365 days frozen.



PREPARATION & COOKING SUGGESTIONS



Thaw desired amount from freezer for approximately two hours, or place in microwave for approximately 30 seconds on high power. Remove all packaging from product before placing in any heating device.

### MORE INFORMATION

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NUTRITIONAL ANALYSIS

Calories	310
Protein	5 g
Total Carbohydrates	52 g
Sugars	27 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	9
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	26 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	35 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	27 mg
Iron	2 mg
Potassium	105 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS** 

TRANS\_FAT FREE\_FROM

KOSHER

YES

MORE IMAGES





