

1202050 - Flank Steak



Excel's Flank Steak is the flat muscle (rectus abdominus) embedded in the inside of the cod, at the udder end of the primal flank which is located in the primal, flat cut loin.
The Meyer Company Ranch is the largest working ranch in the Blackfoot River Valley of western Montana. Bob Meyer purchased the land to fulfill his dream of raising the highest quality natural beef ...



MARKETING

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PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
#032193-09		90028749161755		6/6 LB		
Brand	Brand Owner		GPC Description			
MEYER	Meyer Natural Foods		Beef - Unprepared/Unprocessed			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
37.9 LBR	35 LBR	Yes	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.563 INH	15.688 INH	7.438 INH	1.59 FTQ	06x06	21 Days	35 FAH / 37.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

keep refrigerated or frozen---UNIT UPC: 228749161756---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

Nutrition Facts

24 Servings per container

Serving Size 4.0 OZ

Amount Per Serving
Calories 200

% Daily Value*

Total Fat 12 g 18%

Saturated Fat 5 g 25%

Trans Fat 0 g

Cholesterol 60 mg 19%

Sodium 80 mg 3%

Total Carbohydrates 0 g 0%

Dietary Fiber 0 g 0%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 22 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 1 mg 10%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

angus beef flank steak

MEYER

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PREPARATION & COOKING SUGGESTIONS

<https://meyermarket.com/pages/how-to>

SERVING SUGGESTIONS

<https://meyermarket.com/pages/recipes?searchtext=beef>

MORE INFORMATION