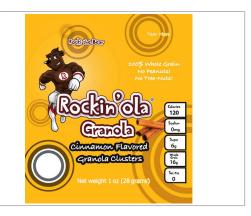
313805 - Rockin'ola Cinnamon Granola 1 oz Snack

Rockin'ola Granola comes in a convenient 28 gram pouch and makes a great whole grain snack, breakfast bread/grain component, or dessert. Meets the 2014 USDA Child Nutrition regulations for 1 oz. Creditable whole grain. Complies with "Smart Snacks" ruling. Rockin'ola Granola is portable and easy to serve and consume, is nutritious 100% whole grain oats, with no artificial additi...



MARKETING

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Nutrition Facts 250 Servings per container **Serving Size** 1 oz pouch Amount Per Serving **Calories** % Daily Value* Total Fat 2.5 g 4% Saturated Fat 0 g 0% Trans Fat 0 g Cholesterol 0 mg 0% 0% Sodium 0 mg **Total Carbohydrates** 21 g **7**% Dietary Fiber 2 g 8% Total Sugars 6 g % **Includes Added Sugars** Protein 3 g Vitamin D % Calcium 0 mg 0% Iron 0.84 ma 5% Potassium 75 mg 2%

PRODUCT SPECIFICATIONS

- RODGET SE LEIN ICATIONS											
Code Dist Pr			Dist Pro	d Code		GTIN				Calculated Pack	
8004209		313805			10853778004209				250 x 1 OZ		
Brand			Brand Owner			GPC Description					
Rockin'ola		;	Sargent Foods LLC			Cereals Products - Ready to Eat (Shelf Stable)					
Gross Weight Net V		Weight	Case	Catch \	Weight	Country Of Origin		Kosher	Child Nutrition		
18.25 LBR 1		15	.4 LBR	No			United States		Undeclared	Yes	
Shipping											
Length	Length Width		Height	t Volume		TIxHI	Shelf Life		Storage Temp From/To		
24 INH	I 12 INH		9.75 INH	1.625 FTQ		6x8		540 Days		33 FAH / 80 FAH	
Traceability Regulation											
Regulation Type		Regulatory Tra		de Item Regulation			Re	Regulation Restrictions and			
Code			Act		Compliant			Descriptors			
N/A		N/A	N/A		N/A		N/A				

HANDLING SUGGESTIONS

to be eaten at anytime.



Ambient dry storage conditions, single serve pouch

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(i) Milk - N

🚫 Peanuts - N

(Eggs - N

Tree - N

🗞 Soybean - N

(SO) Fish - N

🛞 Wheat - N

Shellfish - NI

Sesame - N

(!) Crustaceans - N

(!) Celery - N

!) Mustard - N

(!) Lupine - N

!) Molluscs - N

INGREDIENTS



Ingredients: Whole Grain Rolled Oats, Sugar, Corn Syrup, Canola Oil, Natural Flavor, Cinnamon, Vitamin E (Mixed Tocopherols), added to protect flavor.

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

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PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS



MORE INFORMATION

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No prep required

Rockin'ola Granola can be eaten right from the pouch, or add it to milk, yogurt, applesauce, ice cream. Also, it is awesome as a salad topping instead of crutons.

NUTRITIONAL ANALYSIS



Calories	120
Protein	3 g
Total Carbohydrates	21 g
Sugars	6 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	2.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	0 mg
Iron	0.84 mg
Potassium	75 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



EGGS	FREE_FROM
DAIRY	FREE_FROM
SODIUM_SALT	FREE_FROM

WHEAT	FREE_FROM
PEANUTS	FREE_FROM
SOY	FREE_FROM

ADDITIVES	FREE_FROM
NUTS	FREE_FROM