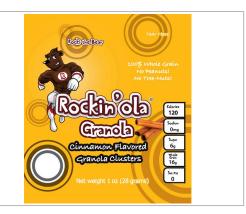
313805 - Rockin'ola Cinnamon Granola 1 oz Snack

Rockin'ola Granola comes in a convenient 28 gram pouch and makes a great whole grain snack, breakfast bread/grain component, or dessert. Meets the 2014 USDA Child Nutrition regulations for 1 oz. Creditable whole grain. Complies with "Smart Snacks" ruling. Rockin'ola Granola is portable and easy to serve and consume, is nutritious 100% whole grain oats, with no artificial additi...



MARKETING



Nutrition Facts

250 Servings per container

Serving Size

Amount Per Serving

1 oz pouch

Calories	120
	% Daily Value*
Total Fat 2.5 g	4%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 21 g	7%
Dietary Fiber 2 g	8%
Total Sugars 6 g	
Includes Added Sugars	%
Protein 3 g	
Vitamin D	9/
Calcium 0 mg	0%
Iron 0.84 mg	5%
Datassium 7F mg	200

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS



Brand	Brand Owner	GPC Description
Rockin'ola	Sargent Foods LLC	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
18.25 LBR	15.4 LBR	No	United States	Undeclared	Yes

Shipping						
Length Width Height Volume TIxHI Shelf Life Storage Temp From/To						
24 INH	12 INH	9.75 INH	1.625 FTQ	6x8	540 Days	33 FAH / 80 FAH

HANDLING SUGGESTIONS



SERVING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS

Ambient dry storage conditions, single serve pouch to be eaten at anytime.

Rockin'ola Granola can be eaten right from the pouch, or add it to milk, yogurt, applesauce, ice cream. Also, it is awesome as a salad topping instead of crutons.

INGREDIENTS



Ingredients: Whole Grain Rolled Oats, Sugar, Corn Syrup, Canola Oil, Natural Flavor, Cinnamon, Vitamin E (Mixed Tocopherols), added to protect

ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

(门) Milk - N

Peanuts - N

(C) Eggs - N

(1) Tree - N

🗞) Soybean - N



😩 Wheat - N



🗞 Sesame - N

Crustaceans - N

!) Celery - N

Mustard - N

(Lupine - N

Molluscs - N



MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	120
Protein	3 g
Total Carbohydrates	21 g
Sugars	6 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	2.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	0 mg
Iron	0.84 mg
Potassium	75 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



EGGS	FREE_FROM
DAIRY	FREE_FROM
SODIUM_SALT	FREE_FROM

WHEAT	FREE_FROM
PEANUTS	FREE_FROM
SOY	FREE_FROM

ADDITIVES	FREE_FROM
NUTS	FREE_FROM