

765951 - Chopped Spinach 20#

IQF Chopped Spinach is produced from fresh, clean, sound, succulent leaves and stems of fresh spinach by sorting, washing, blanching, cooling, chopping, draining and IQF freezing. The IQF spinach is packaged in polyethylene tote liners and corrugated totes.



MARKETING

This is a gluten-free product.



Nutrition Facts

107 Servings per container

Serving Size 1 Cup

Amount Per Serving
Calories 25

% Daily Value*

Total Fat 0 0%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 65 mg 3%

Total Carbohydrates 4 g 1%

Dietary Fiber 2 g 7%

Total Sugars 1 g

Includes 0 g Added Sugars 0%

Protein 3 g

Vitamin D 0 mcg 0%

Calcium 110 mg 8%

Iron 1.6 mg 8%

Potassium 290 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
2880029972	765951	40028800299729	1 x 20#

Brand	Brand Owner	GPC Description
Hanover	Hanover Foods Corp	Vegetables - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
22 LBR	20 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.0625 INH	12.0625 INH	8.75 INH	2011.987 INQ	8x6	730 Days	0 FAH / 32 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

SERVING SUGGESTIONS

1 cup

INGREDIENTS

Spinach

HANDLING SUGGESTIONS

Keep frozen

PREPARATION & COOKING SUGGESTIONS

Steam

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	25
Protein	3 g
Total Carbohydrates	4 g
Sugars	1 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	65 mg
Calcium	110 mg
Iron	1.6 mg
Potassium	290 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



FAT	FREE_FROM
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CHOLESTEROL	FREE_FROM
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KOSHER	YES
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