

Hiland

- Hiland Dairy, Milk, Whole, 3.25% Milkfat, Vitamin D, Half G...

Milk has long been a popular beverage, not only for its flavor, but because of its nutritional attributes. Milk is considered one of the best sources of calcium in our diet and it also provides protein, vitamins and other minerals.



MARKETING



Nutrition Facts

Servings per container	
Serving Size	1 Cup
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 8 g	10%
Saturated Fat 5 g	25%
Trans Fat 0 g	
Cholesterol 35 mg	12%
Sodium 120 mg	5%
Total Carbohydrates 11 g	4%
Dietary Fiber 0 g	0%
Total Sugars 11 g	
Includes 0 g Added Sugars	0%

Protein 8 g	
Vitamin D 2.5 mcg	15%
Calcium 290 mg	20%
Iron 0.1 mg	0%
Potassium 340 mg	8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code		GTIN		Calculated Pack	
1111	1061067900		20072060001116		9 / 64.0 OZA	
Brand		Brand Owner			GPC Description	
Hiland		Prairie Farms Dairy, Inc.			Milk (Perishable)	
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
42.475 LBR	39.6 LBR	No		United States	Yes	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13 INH	13 INH	11 INH	1.076 FTQ	9x6	18 Days	33 FAH / 39 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS



Maintain below 40 degrees F.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- AU - N
- Corn - N
- Cashews - N
- Pecan Nuts - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N
- Mustard - N
- Almonds - N
- Hazelnuts - N
- Brazil Nuts - N

INGREDIENTS



Grade A Milk & Vitamin D3.

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+

Sodium	120 mg
Calcium	290 mg
Iron	0.1 mg
Potassium	340 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

FREE_FROM_GLUTEN	YES
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