

221943 - Land O Lakes® 25% Reduced Fat Mild Cheddar Sticks

Land O Lakes® Reduced Fat Mild Cheddar Cheese Sticks are the perfect ready-to-serve individually wrapped, kid-pleasing protein for meals and snacks. 3 bags of 56-1oz packages. Meal Contribution Credit per serving: 1oz portion provides 1 M/MA.



MARKETING

Individually wrapped stick for easily adding protein to your menu. Versatile and economical. 1 M/MA

Nutrition Facts

1 Servings per container	
Serving Size	1 STICK
Amount Per Serving	
Calories	90
% Daily Value*	
Total Fat 7	9%
Saturated Fat 4.5 g	23%
Trans Fat 0 g	
Cholesterol 20 mg	7%
Sodium 190 mg	8%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 7 g	
Vitamin D 0 mcg	0%
Calcium 200 mg	15%
Iron 0 mg	0%
Potassium 30 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
4488200034500	221943	10034500448823	3/56-1OZ Cheese

Brand	Brand Owner	GPC Description
LAND O LAKES	LAND O'LAKES	Cheese (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12 LBR	10.5 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.5 INH	9 INH	9 INH	0.67969 FTQ	13x5	150 Days	33 FAH / 35 FAH

HANDLING SUGGESTIONS

Keep Refrigerated

SERVING SUGGESTIONS

Serve as a snack. Create your own bistro box with breads, vegetables, and or fruit. Breakfast, lunch or afterschool snack. Perfect for self-serve bars.

PREPARATION & COOKING SUGGESTIONS

Ready to eat.

INGREDIENTS

Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (color), *Vitamin A Palmitate.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - 30
- Crustaceans - 30

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	90
Protein	7 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	85
Vitamin A (RE)	85
Vitamin C	
Magnesium	
Monosodium	

Total Fat	7
Trans Fat	0 g
Saturated Fat	4.5 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	20 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	200 mg
Iron	0 mg
Potassium	30 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

