



20 Lb (9.07 kg) Whole Grain Oven Ready Potato Breaded Alaska Pollock Nuggets .875 oz, CN, MSC

High Liner Foodservice Whole Grain Potato Crunch Alaska Pollock nuggets add real potato sticks to the breading for a distinct flavor and extra crunchy bite kids and adults can't resist. Each wild caught, oven-ready, portion-controlled fillet bakes from frozen to golden crispy perfection in minutes with no mess. A truly unique option for Child Nutrition-approved applications and more.

Product Last Saved Date: 03 December 2025



Nutrition Facts

73 Servings per container
Serving Size 5 Nuggets (123g)

Amount Per Serving
Calories 240

	% Daily Value*
Total Fat 11 g	13%
Saturated Fat 2 g	9%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 470 mg	21%
Total Carbohydrates 23 g	8%
Dietary Fiber 1 g	4%
Total Sugars 1 g	
Includes 1 g Added Sugars	1%

Protein 16 g	
Vitamin D 1.3 mcg	6%
Calcium 0 mg	0%
Iron 1.3 mg	8%
Potassium 370 mg	8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :		
Code	GTIN	Type Of Catch
53458	10070737534588	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22 LBR	20 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.6969 INH	9.6969 INH	10.8937 INH	0.9596 FTQ	12x4	540 Days	-10 FAH / 0 FAH

Ingredients :						
58.7% ALASKA POLLOCK; 41.3% BATTER AND BREADING: WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEHYDRATED POTATOES (POTATOES, MONO AND DIGLYCERIDES, DEXTROSE), CONTAINS 2% OR LESS OF: CORN SYRUP, POTATO FLAKES (POTATOES, MONOGLYCERIDES), SALT, TAPIOCA STARCH, RICE FLOUR, POTATO STARCH, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), PALM OIL, YEAST, DEXTROSE, SUGAR, NATURAL FLAVOR. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT						

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):		
Eggs - 30	Milk - 30	Soy - 30
Fish - C	Wheat - C	TreeNuts - 30
Peanuts - 30	Crustacean - 30	Sesame - 30

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS: COOK FROM FROZEN STATE. CONVENTIONAL OVEN: Bake at 400°F for approximately 15 minutes. CONVECTION OVEN: Bake at 375°F for approximately 10 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

Serving Suggestions:

Serve with a dipping sauce and sides of veggies and whole grain rich starch.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement:

