

High Liner Foodservice, 6.8 kg / 15 lb, Haddock Fillets, 227 - 340 g / 8 - 12 oz

Haddock is a premium white fish that is low in fat. With a mild sweet flavour, Haddock can be used to prepare an array of dishes with different cooking methods.

Product Last Saved Date: 04 June 2025



FOODSERVICE™

Nutrition Facts

Servings per container

Serving Size Per 100 g

Amount Per Serving Calories	60
	% Daily Value*
Total Fat 0.4 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 50 mg	%
Sodium 290 mg	13%
Total Carbohydrates 0 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 15 g	
Vitamin D	%
Calcium 10 mg	1%
Iron 0.2 mg	1%
Potassium 250 mg	5%

	Product Specifications :					
Code GTIN		GTIN	Type Of Catch			
	8889	10061763088893				

Brand	GPC Description		
High Liner Foodservice	Fish - Unprepared/Unprocessed (Frozen)		

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
7.484 KGM			Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
50 CMT	26.6 CMT	7.7 CMT	0.0102 MTQ	8x18	540 Days	

Ingredients:

Haddock, Water, Sodium phosphate (to retain moisture). Contains: Haddock (fish).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - NI	Milk - NI	Soy - NI		
Fish - NI	Wheat - NI	TreeNuts - NI		
Peanuts - NI	Crustacean - NI	Sesame - NI		

Prep & Cooking Suggestions:

unavailable

Species / Scientific Name:

Serving Suggestions:

Pan-fry Haddock, season with lemon, and serve with a side of grilled vegetables for a lighter dish.

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes
Has CN Statement: No
CN Statement:







Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 1

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