



MARKETING

Nutrition Facts

3.5 Servings per container

Serving Size 1/2 cup (116g)

Amount Per Serving

Calories 60

% Daily Value*

Total Fat 0	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 15 mg	1%
Total Carbohydrates 14 g	5%
Dietary Fiber 1 g	4%
Total Sugars 3 g	
Includes 0 g Added Sugars	0%
Protein 1 g	

Vitamin D	0 mcg	0%
Calcium	0 mg	0%
Iron	0.6 mg	4%
Potassium	140 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
4430012651		260580		10044300126517		12 x 15 OZ	
Brand	Brand Owner		GPC Description				
La Choy	Conagra Brands, Inc		Vegetable Based Products / Meals - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
13.5 LBR	11.25 LBR	No		United States		Yes	No
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
12.25 INH	9.125 INH	4.563 INH	0.295 FTQ	15x9	1080 Days	50 FAH / 85 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS

Follow storage and usage instructions as printed on consumer packaging.

ALLERGENS

C = 'Contains' ; *MC* = 'May Contain' ; *N* = 'Free From' ; *UN* = 'Undeclared' ; *30* = 'Free From Not Tested' ; *50* = 'Derived from Ingredients' ; *60* = 'Not Derived From Ingredients' ; *NI* = 'No Info'

Milk - 30

Eggs - 30

Soybean - 30

Wheat - 30

Sesame - 30

Cereals - 30

Mustard - 30

Molluscs - 30

Peanuts - 30

Tree - 30

Fish - 30

Shellfish - 30

Crustaceans - 30

Celery - 30

Lupine - 30

INGREDIENTS

Water Chestnuts, Water, Citric Acid.

PREPARATION & COOKING SUGGESTIONS

Please follow preparation instructions as printed on the consumer packaging.

SERVING SUGGESTIONS

Follow serving suggestions as printed on the packaging.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	60	Total Fat	0	Sodium	15 mg
Protein	1 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	14 g	Saturated Fat	0 g	Iron	0.6 mg
Sugars	3 g	Added Sugars	0 g	Potassium	140 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

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