

# 351460 - Land O Lakes® Prepared 25% Reduced Sodium and 50% Red...

Land O Lakes® Reduced Sodium and Reduced Fat Macaroni and Cheese with Whole Grain is a craveable kid-favorite that is delicious on it's own, yet easy to customize. 6/5 lb pouches. Meal Contribution Credit per 6 oz serving: 2 M/MA and 1 oz eq. grain.



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
43274000034500	351460	10034500432747	6/5LB Pouch

Brand	Brand Owner	GPC Description
LAND O LAKES	LAND O'LAKES	Pasta/Noodles - Not Ready to Eat (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
32.5 LBR	30 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.88 INH	12.63 INH	5.63 INH	0.7769 FTQ	7x9	365 Days	-15 FAH / 0 FAH

## Nutrition Facts

9 Servings per container	
<b>Serving Size</b>	<b>1 CUP</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>410</b>
% Daily Value*	
<b>Total Fat</b> 16	<b>21%</b>
Saturated Fat 8 g	<b>40%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 40 mg	<b>13%</b>
<b>Sodium</b> 1000 mg	<b>43%</b>
<b>Total Carbohydrates</b> 43 g	<b>16%</b>
Dietary Fiber 2 g	<b>7%</b>
Total Sugars 9 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 25 g	
Vitamin D 0 mcg	0%
Calcium 605 mg	45%
Iron 1 mg	6%
Potassium 1080 mg	25%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - 30
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - 30

## SERVING SUGGESTIONS



Heat and serve entrée or side that can be served as-is or with additional meat and vegetable mix-ins for maximum versatility.

## INGREDIENTS



Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Sodium Reduced Fat American Cheese [cultured pasteurized milk and skim milk, contains less than 2% of salt, potassium phosphate, sodium phosphate, lactic acid, sorbic acid (preservative), annatto and oleoresin paprika (color), vitamin A palmitate, enzymes], Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Butter (cream, salt), Salt, Food Starch - Modified, Xanthan Gum.

## HANDLING SUGGESTIONS



Keep Frozen

## PREPARATION & COOKING SUGGESTIONS



Fully prepared product. Heat from a thawed state. See package for detailed preparation. Unopened pouch can be heated in steamer or boiling water until internal temperature reaches 165°F (about 35 - 40 min). Maintain hot holding temperature at 145°F. Use caution when opening pouch since product is very hot.

## MORE INFORMATION



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## NUTRITIONAL ANALYSIS

Calories	410
Protein	25 g
Total Carbohydrates	43 g
Sugars	9 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	201
Vitamin A (RE)	201
Vitamin C	
Magnesium	
Monosodium	

Total Fat	16
Trans Fat	0 g
Saturated Fat	8 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	40 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	1000 mg
Calcium	605 mg
Iron	1 mg
Potassium	1080 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS

## MORE IMAGES

