

351460 - Land O Lakes® Prepared 25% Reduced Sodium and 50% Red...

Land O Lakes® Reduced Sodium and Reduced Fat Macaroni and Cheese with Whole Grain is a craveable kid-favorite that is delicious on it's own, yet easy to customize. 6/5 lb pouches. Meal Contribution Credit per 6 oz serving: 2 M/MA and 1 oz eq. grain.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
43274000034500	351460	10034500432747	6/5LB Pouch

Brand	Brand Owner	GPC Description
LAND O LAKES	LAND O'LAKES	Pasta/Noodles - Not Ready to Eat (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
32.5 LBR	30 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.88 INH	12.63 INH	5.63 INH	0.7769 FTQ	7x9	365 Days	-15 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Peanuts - 30
- Eggs - C
- Tree Nuts - 30
- Soy - 30
- Fish - 30
- Wheat - C
- Shellfish - 30
- Sesame - 30

SERVING SUGGESTIONS

Heat and serve entrée or side that can be served as-is or with additional meat and vegetable mix-ins for maximum versatility.

Nutrition Facts

9 Servings per container	
Serving Size	1 CUP
Amount Per Serving	
Calories	410
% Daily Value*	
Total Fat 16	21%
Saturated Fat 8 g	40%
Trans Fat 0 g	
Cholesterol 40 mg	13%
Sodium 1000 mg	43%
Total Carbohydrates 43 g	16%
Dietary Fiber 2 g	7%
Total Sugars 9 g	
Includes 0 g Added Sugars	0%
Protein 25 g	
Vitamin D 0 mcg	0%
Calcium 605 mg	45%
Iron 1 mg	6%
Potassium 1080 mg	25%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Sodium Reduced Fat American Cheese [cultured pasteurized milk and skim milk, contains less than 2% of salt, potassium phosphate, sodium phosphate, lactic acid, sorbic acid (preservative), annatto and oleoresin paprika (color), vitamin A palmitate, enzymes], Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Butter (cream, salt), Salt, Food Starch - Modified, Xanthan Gum.

HANDLING SUGGESTIONS

Keep Frozen

PREPARATION & COOKING SUGGESTIONS

Fully prepared product. Heat from a thawed state. See package for detailed preparation. Unopened pouch can be heated in steamer or boiling water until internal temperature reaches 165°F (about 35 - 40 min). Maintain hot holding temperature at 145°F. Use caution when opening pouch since product is very hot.

MORE INFORMATION

351460 - Land O Lakes® Prepared 25% Reduced Sodium and 50% Red...

Land O Lakes® Reduced Sodium and Reduced Fat Macaroni and Cheese with Whole Grain is a craveable kid-favorite that is delicious on it's own, yet easy to customize. 6/5 lb pouches. Meal Contribution Credit per 6 oz serving: 2 M/MA and 1 oz eq. grain.

NUTRITIONAL ANALYSIS

Calories	410
Protein	25 g
Total Carbohydrates	43 g
Sugars	9 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	201
Vitamin A (RE)	201
Vitamin C	
Magnesium	
Monosodium	

Total Fat	16
Trans Fat	0 g
Saturated Fat	8 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	40 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	1000 mg
Calcium	605 mg
Iron	1 mg
Potassium	1080 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

