

200835 - Honey Nut Cheerios(TM) Cereal Bulkpak (4 ct) 39 oz



A sweetened twist on the classic cereal, Honey Nut Cheerios(TM) is a whole grain gluten-free cereal in ring-shaped pieces with real honey and natural almond flavoring in cost-effective, 39 oz bulk packaging for less waste and great labor savings. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and USDA Smart Snacks criteria.



MARKETING

Classic and long time favorite, Honey Nut Cheerios are gluten free and made with whole grain.. 4 - 39 oz bulk packages of cereal per case. An easy to display solution that is served all day as a low-cost meal option with less waste and great labor savings.. Contains no artificial flavors and no colors from artificial sources.. Meets one ounce equivalent grain standard, whole grain-rich criteria and USDA Smart Snacks criteria. Recommended for use in lodging and college and university operations.

Nutrition Facts

119 Servings per container

Serving Size 1 cup

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 2	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 210 mg	9%
Total Carbohydrates 30 g	11%
Dietary Fiber 3 g	10%
Total Sugars 12 g	
Includes 12 g Added Sugars	24%
Protein 3 g	
Vitamin D 4 mcg	20%
Calcium 130 mg	10%
Iron 3.6 mg	20%
Potassium 150 mg	4%

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11988000	200835	10016000119885	4/39 OZ

Brand	Brand Owner	GPC Description
Cheerios	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11.750 LBR	9.75 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	Tlx/Hi	Shelf Life	Storage Temp From/To
20.000 INH	9.500 INH	16.620 INH	1.82700 FTQ	10x3	372 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - C
- Fish - 30
- Shellfish - NI

SERVING SUGGESTIONS

One Cup

INGREDIENTS

Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

HANDLING SUGGESTIONS

keep in a cool, dry place

PREPARATION & COOKING SUGGESTIONS

ready to eat

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	140
Protein	3 g
Total Carbohydrates	30 g
Sugars	12 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	12 g
Polyunsaturated Fat	0.5 g
Monounsaturated Fat	0.5 g
Cholesterol	0 mg
Vitamin D	4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	210 mg
Calcium	130 mg
Iron	3.6 mg
Potassium	150 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MSG	FREE_FROM	FAT	LOW	WHOLE_GRAIN	CONTAINS
TRANS_FAT	FREE_FROM	IRON	GOOD_SOURCE_OF	CHOLESTEROL	LOW
FIBRE	GOOD_SOURCE_OF	SATURATED_FAT	LOW	VITAMIN_D	GOOD_SOURCE_OF
GLUTEN	FREE_FROM	IRON	EXCELLENT_SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
VITAMIN_D	EXCELLENT_SOURCE_OF	CHOLESTEROL	FREE_FROM	CALCIUM	GOOD_SOURCE_OF
ARTIFICIAL_FLAVOUR	FREE_FROM	ENERGY	SOURCE_OF	ARTIFICIAL_SWEETENERS	FREE_FROM
FREE_FROM_GLUTEN	YES	KOSHER	YES	VEGETARIAN	YES

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