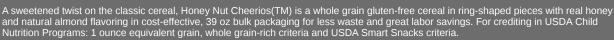
200835 - Honey Nut Cheerios(TM) Cereal Bulkpak (4 ct) 39 oz







MARKETING

W:

Classic and long time favorite, Honey Nut Cheerios are gluten free and made with whole grain.. 4 - 39 oz bulk packages of cereal per case. An easy to display solution that is served all day as a low-cost meal option with less waste and great labor savings.. Contains no artificial flavors and no colors from artificial sources.. Meets one ounce equivalent grain standard, whole grain-rich criteria and USDA Smart Snacks criteria. Recommended for use in lodging and college and university operations.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
11988000	200835	10016000119885	4/39 OZ

Brand Owner		Brand Owner	GPC Description		
	Cheerios	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11.750 LBR	9.75 LBR	No	United States	Yes	No

Shipping						
Length Width H		Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
20.000 INH	9.500 INH	16.620 INH	1.82700 FTQ	10x3	372 Days	32 FAH / 95 FAH

Nutrition Facts

119 Servings per container

Serving Size

Amount Per Serving Calories

140

1 cup

	% Daily Value*
Total Fat 2 g	2%
Saturated Fat 0 g	0%

 Trans
 Fat 0 g

 Cholesterol 0 mg
 0%

 Sodium
 210 mg
 9%

Total Carbohydrates 30 g 11%

Dietary Fiber 3 g 10%

Total Sugars 12 g
Includes 12 g Added Sugars

24%

 Vitamin D 4 mcg
 20%

 Calcium 130 mg
 10%

 Iron 3.6 mg
 20%

 Potassium 150 mg
 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



SERVING SUGGESTIONS

One Cup



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(്<u>റ്</u>റ്) Milk - 30

Peanuts - 30

(()) Eggs - 30

Tree Nuts - C

Soy - 30

(SO) Fish - 30

(💃) Wheat - 30

Shellfish - NI

(%) Sesame - 30

INGREDIENTS



Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



keep in a cool, dry place

ready to eat

MORE INFORMATION



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A sweetened twist on the classic cereal, Honey Nut Cheerios(TM) is a whole grain gluten-free cereal in ring-shaped pieces with real honey and natural almond flavoring in cost-effective, 39 oz bulk packaging for less waste and great labor savings. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and USDA Smart Snacks criteria.

NUTRITIONAL ANALYSIS

Calories	140
Protein	3 g
Total Carbohydrates	30 g
Sugars	12 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	
	·

Total Fat	2 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	12 g
Polyunsaturated Fat	0.5 g
Monounsaturated Fat	0.5 g
Cholesterol	0 mg
Vitamin D	4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	210 mg
Calcium	130 mg
Iron	3.6 mg
Potassium	150 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

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CHOLESTEROL	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF	VITAMIN_D	EXCELLENT_SOURCE_OF
FAT	LOW	GLUTEN	FREE_FROM	SATURATED_FAT	LOW
ARTIFICIAL_FLAVOUR	FREE_FROM	CHOLESTEROL	LOW	ARTIFICIAL SWEETENERS	FREE FROM
IRON	GOOD_SOURCE_OF	TRANS_FAT	FREE_FROM	_	_
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ENERGY	SOURCE_OF	CALCIUM	GOOD_SOURCE_OF
MSG	FREE_FROM	FIBRE	GOOD_SOURCE_OF	IRON	EXCELLENT_SOURCE_OF
FREE_FROM_GLUTEN	YES	KOSHER	YES	VEGETARIAN	YES

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