#### Cheerios

## 200835 - Honey Nut Cheerios(TM) Cereal Bulkpak (4 ct) 39 oz

A sweetened twist on the classic cereal, Honey Nut Cheerios(TM) is a whole grain gluten-free cereal in ring-shaped pieces with real honey and natural almond flavoring in cost-effective, 39 oz bulk packaging for less waste and great labor savings. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and USDA Smart Snacks criteria.

MARKETING



Classic and long time favorite, Honey Nut Cheerios are gluten free and made with whole grain.. 4 - 39 oz bulk packages of cereal per case. An easy to display solution that is served all day as a low-cost meal option with less waste and great labor savings.. Contains no artificial flavors and no colors from artificial sources .. Meets one ounce equivalent grain standard, whole grain-rich criteria and USDA Smart Snacks criteria. Recommended for use in lodging and college and university operations.

#### PRODUCT SPECIFICATIONS

Code	Code Dist Prod Cod			de	GTIN		Calculated Pack			
11988000		200835			10	001600	0119885	4/39 OZ		
Brand		Brand Owner			GPC Description					
Cheerios		GENERAL MILLS SALES INC.				Cereals Products - Ready to Eat (Shelf Stable)				
Gross Wei	Gross Weight Net Weight Case/Catch Weight Country Of Origin Kosher Child Nu					r Child Nutrition				
11.750 LBF	२	9.75 LBR		No			United States Yes No		No	
	Shipping									
Length	W	/idth	Heig	ht	Volume	т	IxHI	Shelf Life	Storage Temp From/To	

10x3

1.82700 FTQ

Saturated Fat 0 g	0%
<i>Trans</i> Fat 0 g	
Cholesterol 0 mg	0%
Sodium 210 mg	9%
Total Carbohydrates 30 g	11%
Dietary Fiber 3 g	10%
Total Sugars 12 g	
Includes 12 g Added Sugars	24%
Protein 3 g	
Vitamin D 4 mcg	20%
Calcium 130 mg	10%
Iron 3.6 mg	20%
Potassium 150 mg	4%
	4

**Nutrition Facts** 

1 cup

2%

% Daily Value\*

119 Servings per container

Serving Size

Calories

Total Fat 2

Q

**Amount Per Serving** 

contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### HANDLING SUGGESTIONS

9.500 INH

16.620 INH

Keep in a cool, dry place

20.000 INH

SERVING SUGGESTIONS

One Cup

372 Days

32 FAH / 95 FAH

### **PREPARATION & COOKING SUGGESTIONS**

Ready to eat

#### INGREDIENTS

Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

#### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; **30** = 'Free From Not Tested'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

🜔 Milk - 30	🕥 Peanuts - 30
🔘 Eggs - 30	(i)) Tree - C
🛞 Soybean - 30	🔊 Fish - 30
🛞 Wheat - 30	🛞 Shellfish - NI
$\begin{pmatrix} \circ \\ \circ \\ \circ \end{pmatrix}$ Sesame - 30	(!) Crustaceans - 30
Pine Nuts - 30	I Almonds - C
() Cashews - 30	(!) Hazelnuts - 30
(!) Macadamia Nuts - 30	(!) Chestnuts - 30
() Coconuts - 30	() Pecan Nuts - 30

MODE	INFORMATION	

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## NUTRITIONAL ANALYSIS

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140	Total Fat	2	Sodium	210 mg
3 g	Trans Fat	0 g	Calcium	130 mg
30 g	Saturated Fat	0 g	Iron	3.6 mg
12 g	Added Sugars	12 g	Potassium	150 mg
3 g	Polyunsaturated Fat	0.5 g	Zinc	
	Monounsaturated Fat	0.5 g	Phosphorus	
	Cholesterol	0 mg		
	Vitamin D	4 mcg	Thiamin	
	Vitamin E		Niacin	
	Folate		Riboflavin	
	Vitamin B-6		Vitamin B-12	
	Sulphites		Nitrates	
	3 g 30 g 12 g	3 gTrans Fat30 gSaturated Fat12 gAdded Sugars3 gPolyunsaturated FatMonounsaturated FatMonounsaturated FatUUtamin DUVitamin EFolateVitamin B-6	A dotA dot3 gTrans Fat0 g30 gSaturated Fat0 g12 gAdded Sugars12 g3 gPolyunsaturated Fat0.5 gMonounsaturated Fat0.5 gMonounsaturated Fat0 mgCholesterol0 mgMonounsaturated Fat0.5 gMonounsaturated Fat0.5 gMonounsaturater0.5 gMonounsaturater0.5 gMonounsaturater0.5 gMonounsaturater0.5 gMonounsaturater0.5 gMonounsaturater0.5 gMonouns	3 gImage: constraint of the section of th

#### NUTRITIONAL CLAIMS

WHOLE_GRAIN	CONTAINS	VITAMIN_D	EXCELLENT_SOURCE_OF	SATURATED_FAT	LOW
GLUTEN	FREE_FROM	IRON	EXCELLENT_SOURCE_OF	ARTIFICIAL_FLAVOUR	FREE_FROM
FIBRE	GOOD_SOURCE_OF	FAT	LOW	TRANS_FAT	FREE_FROM
CHOLESTEROL	LOW	MSG	FREE_FROM	CHOLESTEROL	FREE_FROM
IRON	GOOD_SOURCE_OF	ENERGY	SOURCE_OF	ARTIFICIAL_SWEETENERS	FREE_FROM
VITAMIN_D	GOOD_SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	CALCIUM	GOOD_SOURCE_OF
KOSHER	YES	FREE_FROM_GLUTEN	YES	VEGETARIAN	YES

#### MORE IMAGES





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