

# 566954 - SIMPLY WHEAT DINNER ROLL DOUGH

Soft dinner roll made with crushed wheat thus having a denser texture and darker color. Proof-and-bake format.



## MARKETING

Soft dinner roll made with crushed wheat thus having a denser texture and darker color. Proof-and-bake format.

## Nutrition Facts

240.0 Servings per container

**Serving Size** 1 ROLL (36 G)

**Amount Per Serving**  
**Calories** 100

% Daily Value\*

**Total Fat** 1 g 2%

Saturated Fat 0 g 0%

Trans Fat 0 g

**Cholesterol** 0 mg 0%

**Sodium** 170 mg 7%

**Total Carbohydrates** 19 g 7%

Dietary Fiber 1 g 4%

Total Sugars 2 g

Includes 2 g Added Sugars 3%

**Protein** 4 g

Vitamin D 0.5 mcg 2%

Calcium 10 mg 0%

Iron 1.2 mg 6%

Potassium 50 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

| Code  | Dist Prod Code | GTIN           | Calculated Pack |
|-------|----------------|----------------|-----------------|
| 04300 | 566954         | 00049800043008 | 240/1.5 oz      |

| Brand  | Brand Owner               | GPC Description |
|--------|---------------------------|-----------------|
| RICH'S | RICH PRODUCTS CORPORATION | Bread (Frozen)  |

| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|-------------------|--------|-----------------|
| 23.613 LBR   | 22.5 LBR   | No                | United States     | Yes    | No              |

| Shipping   |            |           |            |       |            |                      |
|------------|------------|-----------|------------|-------|------------|----------------------|
| Length     | Width      | Height    | Volume     | TlxHI | Shelf Life | Storage Temp From/To |
| 15.813 INH | 11.563 INH | 8.125 INH | 0.8597 FTQ | 10x10 | 180 Days   | -10.0 FAH / 0.0 FAH  |

## HANDLING SUGGESTIONS

Keep Frozen

## SERVING SUGGESTIONS

Limited only by your imagination

## PREPARATION & COOKING SUGGESTIONS

Handling Instructions 1. Panning: 48 (6 X 8) For Clusters Or 24 (4 X 6) For Singles On Lined Sheet Pan. 2. Retard Thaw Time: Retarder: (35 - 38°F (1-3°C)), 12 - 18 Hours. Room Temperature: 60 Minutes. 3. Proofing: 95°F (35°C) / 85% Relative Humidity For 40 - 50 Minutes. 4. Baking: Rack Oven: 375°F (190°C) For 12-14 Minutes With 5 Seconds Steam. Deck Oven: 375°F (190°C) For 12 - 14 Minutes. Convection Oven: Mist Water Generously On Rolls With A Spray Bottle Just Before Rolls Go In Oven; 325°F (160°C) For 10 -12 Minutes And Turn The Trays 180° After 5 - 6 Minutes Baking.

## INGREDIENTS

INGREDIENTS FOR U.S MARKET: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, WHOLE WHEAT FLOUR, CRUSHED WHEAT, SUGAR, WHEAT GLUTEN, CONTAINS LESS THAN 2% OF THE FOLLOWING: SOYBEAN OIL, SALT, SOY LECITHIN, ENZYMES, ASCORBIC ACID.

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - MC
- Eggs - MC
- Soybean - C
- Wheat - C
- Sesame - 30
- AU - C
- Mustard - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - 30
- Crustaceans - 30
- Cereals - C
- Molluscs - 30

## MORE INFORMATION

Telephone : Call 1-800-356-7094 or email [helpline@rich.com](mailto:helpline@rich.com)

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## NUTRITIONAL ANALYSIS



|                     |                |
|---------------------|----------------|
| Calories            | 240.801        |
| Protein             | 9.372 g        |
| Total Carbohydrates | 44.663 g       |
| Sugars              | 4.43 g         |
| Dietary Fiber       | 2.48 g         |
| Lactose             |                |
| Sucrose             |                |
| Vitamin A (IU)      | 0.913 0.913 iu |
| Vitamin A (RE)      | 0.913          |
| Vitamin C           | 0 mg           |
| Magnesium           |                |
| Monosodium          |                |

|                     |         |
|---------------------|---------|
| Total Fat           | 2.867 g |
| Trans Fat           | 0.026 g |
| Saturated Fat       | 0.455 g |
| Added Sugars        | 3.955 g |
| Polyunsaturated Fat | 1.397 g |
| Monounsaturated Fat | 0.503 g |
| Cholesterol         | 0 mg    |
| Vitamin D           | 0 mcg   |
| Vitamin E           |         |
| Folate              |         |
| Vitamin B-6         |         |
| Sulphites           |         |

|              |            |
|--------------|------------|
| Sodium       | 404.383 mg |
| Calcium      | 16.253 mg  |
| Iron         | 2.695 mg   |
| Potassium    | 119.413 mg |
| Zinc         |            |
| Phosphorus   |            |
| Thiamin      | 0.399 mg   |
| Niacin       | 3.498 mg   |
| Riboflavin   | 0.231 mg   |
| Vitamin B-12 |            |
| Nitrates     |            |

## NUTRITIONAL CLAIMS



|        |     |
|--------|-----|
| KOSHER | YES |
|--------|-----|

## MORE IMAGES

