

# 566954 - SIMPLY WHEAT DINNER ROLL DOUGH

Soft dinner roll made with crushed wheat thus having a denser texture and darker color. Proof-and-bake format.



### MARKETING

Soft dinner roll made with crushed wheat thus having a denser texture and darker color. Proof-and-bake format.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
04300	566954	00049800043008	240/1.5 oz

Brand	Brand Owner	GPC Description
RICH'S	RICH PRODUCTS CORPORATION	Bread (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
23.613 LBR	22.5 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.813 INH	11.563 INH	8.125 INH	0.8597 FTQ	10x10	180 Days	-10.0 FAH / 0.0 FAH

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - MC
- Eggs - MC
- Soy - C
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - 30

### HANDLING SUGGESTIONS

Keep Frozen

### MORE INFORMATION

Telephone : Call 1-800-356-7094 or email [helpline@rich.com](mailto:helpline@rich.com)

### SERVING SUGGESTIONS

Limited only by your imagination

### PREPARATION & COOKING SUGGESTIONS

Handling Instructions 1. Panning: 48 (6 X 8) For Clusters Or 24 (4 X 6) For Singles On Lined Sheet Pan. 2. Retard Thaw Time: Retarder: (35 - 38°F (1-3°C)), 12 - 18 Hours. Room Temperature: 60 Minutes. 3. Proofing: 95°F (35°C) / 85% Relative Humidity For 40 - 50 Minutes. 4. Baking: Rack Oven: 375°F (190°C) For 12-14 Minutes With 5 Seconds Steam. Deck Oven: 375°F (190°C) For 12 - 14 Minutes. Convection Oven: Mist Water Generously On Rolls With A Spray Bottle Just Before Rolls Go In Oven; 325°F (160°C) For 10 -12 Minutes And Turn The Trays 180° After 5 - 6 Minutes Baking.

## Nutrition Facts

240.0 Servings per container

**Serving Size** 1 ROLL (36 G)

**Amount Per Serving**  
**Calories** 100

% Daily Value\*

**Total Fat** 1 g 2%

Saturated Fat 0 g 0%

Trans Fat 0 g

**Cholesterol** 0 mg 0%

**Sodium** 170 mg 7%

**Total Carbohydrates** 19 g 7%

Dietary Fiber 1 g 4%

Total Sugars 2 g

Includes 2 g Added Sugars 3%

**Protein** 4 g

Vitamin D 0.5 mcg 2%

Calcium 10 mg 0%

Iron 1.2 mg 6%

Potassium 50 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS

INGREDIENTS FOR U.S MARKET: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, WHOLE WHEAT FLOUR, CRUSHED WHEAT, SUGAR, WHEAT GLUTEN, CONTAINS LESS THAN 2% OF THE FOLLOWING: SOYBEAN OIL, SALT, SOY LECITHIN, ENZYMES, ASCORBIC ACID.



NUTRITIONAL ANALYSIS



Calories	240.801
Protein	9.372 g
Total Carbohydrates	44.663 g
Sugars	4.43 g
Dietary Fiber	2.48 g
Lactose	
Sucrose	
Vitamin A (IU)	0.913 0.913 iu
Vitamin A (RE)	0.913
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	2.867 g
Trans Fat	0.018 g
Saturated Fat	0.44 g
Added Sugars	3.955 g
Polyunsaturated Fat	1.441 g
Monounsaturated Fat	0.51 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	404.383 mg
Calcium	16.253 mg
Iron	2.695 mg
Potassium	119.413 mg
Zinc	
Phosphorus	
Thiamin	0.399 mg
Niacin	3.498 mg
Riboflavin	0.231 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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