

# 352224 - 10# SWEDISH MB 1/2 oz

Rosina's Swedish Style Beef and Pork Meatballs are part of a fine line of high-quality gourmet products that will leave your taste buds wanting more. These meatballs are made with freshly ground beef and pork and authentically seasoned to perfection with nutmeg allspice and other fresh ingredients. Consistent in size and taste our Swedish Style Meatballs are perfect for an appe...



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
40053	352224	10077083400536	2/5 POUND

Brand	Brand Owner	GPC Description
Rosina	Rosina Food Products, Inc.	Mixed Species Meat/Poultry/Other Animal - Alternative Meat - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.57 LBR	10 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.313 INH	8.313 INH	6.375 INH	0.46963 FTQ	15x12	456 Days	0 FAH / 0 FAH

## HANDLING SUGGESTIONS



Product shall be shipped frozen (10 degrees F max.). Shall have no freezer burn.

## SERVING SUGGESTIONS



Serve as an appetizer or main dish. This item is also perfect for a meatball sub with your favorite sauce or as a side dish to your favorite pasta item.

## PREPARATION & COOKING SUGGESTIONS



**BAKE:** Heat oven to 350F. Place frozen meatballs in a single layer on baking pan for 15-20 minutes or until hot. **STOVETOP:** In saucepan place frozen meatballs in sauce on medium heat. Cover stir occasionally for 25-30 minutes or until hot. **MICROWAVE:** Microwave ovens vary greatly. Place frozen meatballs on microwave-safe dish. Heat 1 lb. on high for 2 minutes. Rearrange meatballs and heat on high for 1 additional minute. Equipment varies heating time and temperature may require adjustment. Stir product before checking internal temperature. Internal temperature should be 160°F.

# Nutrition Facts

53 Servings per container

**Serving Size** 6 meatballs (85g)

**Amount Per Serving**

**Calories** **210**

% Daily Value\*

**Total Fat** 15 g **19%**

Saturated Fat 6 g **29%**

Trans Fat

**Cholesterol** 55 mg **18%**

**Sodium** 560 mg **24%**

**Total Carbohydrates** 6 g **2%**

Dietary Fiber 1 g **5%**

Total Sugars 1 g

Includes Added Sugars **%**

**Protein** 14 g

Vitamin D 0.3 mcg **%**

Calcium **%**

Iron 1.3 mg **8%**

Potassium **%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS



BEEF AND PORK, CHICKEN, WATER, EGGS, TEXTURED SOY FLOUR, CONTAINS 2% OR LESS OF THE FOLLOWING: DEHYDRATED ONIONS, NATURAL FLAVORS, CORN SYRUP SOLIDS, BREAD CRUMBS (WHEAT FLOUR), SALT, SPICES, PAPRIKA, NON-FAT DRY MILK, SOY FLOUR, SODIUM PHOSPHATE.

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived from Ingredients'; NI = 'No Info'

Milk - C

Peanuts - N

Eggs - C

Tree - N

Soybean - C

Fish - N

Wheat - C

Shellfish - N

Sesame - N

Mustard - N

## MORE INFORMATION



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### NUTRITIONAL ANALYSIS



Calories	210
Protein	14 g
Total Carbohydrates	6 g
Sugars	1 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	102.07 102.07 iu
Vitamin A (RE)	102.07
Vitamin C	3.39 mg
Magnesium	
Monosodium	

Total Fat	15 g
Trans Fat	
Saturated Fat	6 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	55 mg
Vitamin D	0.3 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	560 mg
Calcium	
Iron	1.3 mg
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



### MORE IMAGES

