

Rosina's Swedish Style Beef and Pork Meatballs are part of a fine line of high-quality gourmet products that will leave your taste buds wanting more. These meatballs are made with freshly ground beef and pork and authentically seasoned to perfection with nutmeg allspice and other fresh ingredients. Consistent in size and taste our Swedish Style Meatballs are perfect for an appe...



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
40053	352224	10077083400536	2/5 POUND

Brand	Brand Owner	GPC Description
Rosina	Rosina Food Products, Inc.	Mixed Species Meat/Poultry/Other Animal - Alternative Meat - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.6 LBR	10 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.313 INH	8.313 INH	6.375 INH	0.46963 FTQ	15x12	456 Days	0 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Peanuts - N
- Eggs - C
- Tree Nuts - N
- Soy - C
- Fish - N
- Wheat - C
- Shellfish - NI
- Sesame - N

SERVING SUGGESTIONS

Serve as an appetizer or main dish. This item is also perfect for a meatball sub with your favorite sauce or as a side dish to your favorite pasta item.

Nutrition Facts

53 Servings per container	
Serving Size	6 Meatballs
Amount Per Serving	
Calories	210
% Daily Value*	
Total Fat 15 g	19%
Saturated Fat 6 g	29%
Trans Fat 0 g	
Cholesterol 55 mg	18%
Sodium 560 mg	24%
Total Carbohydrates 6 g	2%
Dietary Fiber 1 g	5%
Total Sugars 1 g	
Includes 1 g Added Sugars	1%
Protein 14 g	
Vitamin D 0.3 mcg	10%
Calcium	2%
Iron 1.3 mg	8%
Potassium 320 mg	6%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

HANDLING SUGGESTIONS

Product shall be shipped frozen (10 degrees F max.). Shall have no freezer burn.

PREPARATION & COOKING SUGGESTIONS

BAKE: Heat oven to 350F. Place frozen meatballs in a single layer on baking pan for 15-20 minutes or until hot. STOVETOP: In saucepan place frozen meatballs in sauce on medium heat. Cover stir occasionally for 25-30 minutes or until hot. MICROWAVE: Microwave ovens vary greatly. Place frozen meatballs on microwave-safe dish. Heat 1 lb. on high for 2 minutes. Rearrange meatballs and heat on high for 1 additional minute. Equipment varies heating time and temperature may require adjustment. Stir product before checking internal temperature. Internal temperature should be 160°F.

MORE INFORMATION

Rosina

352224 - 10# COOKED 1/2oz SWEDISH MB



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NUTRITIONAL ANALYSIS



Calories	210	Total Fat	15 g	Sodium	560 mg
Protein	14 g	Trans Fat	0 g	Calcium	
Total Carbohydrates	6 g	Saturated Fat	6 g	Iron	1.3 mg
Sugars	1 g	Added Sugars	1 g	Potassium	320 mg
Dietary Fiber	1 g	Polyunsaturated Fat	1.5 g	Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	55 mg		
Vitamin A (IU)		Vitamin D	0.3 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C	3.39 mcg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



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