

# 223840 - Cheddar Cheese Omelet, 54/3.5 oz., Frozen, Bulk

Bring delicious homestyle omelets into lunch or dinner without extensive prep work with Sunny Fresh Egg and Cheese Omelets. A lightly browned, folded whole egg omelet filled with Cheddar cheese, this savory offering is fully cooked, streamlines kitchen prep and is versatile for any foodservice menu and format.



## MARKETING

Lightly browned, folded whole egg omelet filled with Cheddar cheese.. Serve as part of an entre, as a breakfast omelet or as part of a breakfast buffet, convenience store or other foodservice menu setup.. Fully cooked for optimal consistency, streamlined kitchen prep and food safety.. Fast, easy prep makes quick builds possible for all-day breakfast sales.. Perfectly sized and flavored for easy integration with other breakfast components.. For more information, call 1.800.872.3447 or visit our website [www.sunnyfresh.com](http://www.sunnyfresh.com).

## Nutrition Facts

54 Servings per container

**Serving Size 1 Omelet (3.5 oz./ 99g)**

**Amount Per Serving**  
**Calories 180**

% Daily Value\*

**Total Fat 13 17%**

Saturated Fat 6 g **29%**

Trans Fat 0 g

**Cholesterol 270 mg 90%**

**Sodium 400 mg 17%**

**Total Carbohydrates 2 g 1%**

Dietary Fiber 0 g **0%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%**

**Protein 13 g**

Vitamin D 1 mcg 8%

Calcium 157 mg 10%

Iron 1 mg 8%

Potassium 128 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
110040460	223840	10038057303697	Bulk packaged 54 3.5-oz. omelets in poly lined corrugate case.

Brand	Brand Owner	GPC Description
Sunny Fresh	Cargill Poultry Products Div	Eggs Products/Substitutes

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12.413 LBR	11.81 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.125 INH	9.313 INH	7.625 INH	0.5 FTQ	16x9	365 Days	-10 FAH / 10 FAH

## HANDLING SUGGESTIONS

Keep Frozen until ready for use. Thaw in case 3-5 days under refrigeration. Do not store or thaw product at room temperature. Keep thawed and opened product refrigerated.

## SERVING SUGGESTIONS

Center of the plate innovations feature ingredients baked directly into the egg for mess free eating. Perfect on their own or as an ingredient for breakfast builds.

## PREPARATION & COOKING SUGGESTIONS

For best results reheat product from fully thawed state. Line sheet trays with pan liner or non-stick spray. Place product on sheet trays and cover with foil before placing in oven. Preheat oven to 350F. Cook thawed product for approx. 10 minutes. Cook frozen product for approx. 20 minutes.

## INGREDIENTS

Whole Eggs, Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (color)], Water, Whole Milk Powder, Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Citric Acid.  
CONTAINS: EGGS, MILK.

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - N
- Wheat - N
- Sesame - N
- Mustard - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N

## MORE INFORMATION

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### NUTRITIONAL ANALYSIS



Calories	180
Protein	13 g
Total Carbohydrates	2 g
Sugars	1 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	13
Trans Fat	0 g
Saturated Fat	6 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	270 mg
Vitamin D	1 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	400 mg
Calcium	157 mg
Iron	1 mg
Potassium	128 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ARTIFICIAL_COLOUR	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM
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