

Our delicious Whole Grain Waffles are Wholesome Choice, meaning they are free from artificial flavors, colors, preservatives and sweeteners. They are also USDA Smart Snack approved, making them a guilt-free choice any day of the week.



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
1453	101635	00737410145303	144/1.3 oz

Brand	Brand Owner	GPC Description
Bake Crafters	Bake Crafters Food Company	Bread (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
12.96 LBR	11.7 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17 INH	13 INH	7.75 INH	0.991 FTQ	8x10	365 Days	0 FAH / 15 FAH

Nutrition Facts

144 Servings per container

Serving Size 1.3 oz (37g), 1 Waffle

Amount Per Serving

Calories **80**

% Daily Value*

Total Fat 3	4%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 115 mg	4%
Total Carbohydrates 12 g	4%
Dietary Fiber 1 g	4%
Total Sugars 2 g	
Includes 1 g Added Sugars	2%
Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 63.5 mg	4%
Iron 0.74 mg	4%
Potassium 40 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - UN
- Shellfish - NI

SERVING SUGGESTIONS



1 Waffle, 1.3oz. Try our delicious and Wholesome Choice Whole Grain Waffles. Tasty enough to stand on their own and also delicious when served with maple syrup and fruit topping.

INGREDIENTS



Whole Wheat Flour Blend (Whole Wheat Flour, Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Soybean Oil, Soy Lecithin, Sugar, Nonfat Milk. Contains 2% or less of: Baking Powder (Sodium Bicarbonate, Corn Starch, Sodium Acid Pyrophosphate, Mono Calcium Phosphate), Wheat Bran, Egg, Salt.

HANDLING SUGGESTIONS



2 hours at ambient. 6 days refrigeration, 365 days frozen shelf life.

PREPARATION & COOKING SUGGESTIONS



Convection Oven: Pre-heat to 350F. Remove waffles from the bag. Place frozen waffles in a single layer on an ungreased baking sheet. Bake 5-7 minutes and check (bake until lightly toasted, do not over bake) Leave uncovered in warmer for no more than 15-20 minutes before serving.

MORE INFORMATION



E-mail : support@bakecrafters.com, Telephone : (423) 396-3392, Tele/Fax : (423) 396-9604, Website : https://...

NUTRITIONAL ANALYSIS



Calories	80
Protein	2 g
Total Carbohydrates	12 g
Sugars	2 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	115 mg
Calcium	63.5 mg
Iron	0.74 mg
Potassium	40 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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