

202641 - QUAKER OATMEAL OLDFASHION REGULAR 42Z/12

QUAKER Old Fashioned Oats is the correct variety to use if you are using the product in recipes or if you are holding on the stove top during your breakfast service. If you are preparing individual servings, use QUAKER Quick Oats. If you are including your Oatmeal on a steamtable, use QUAKER Steamtable Oats. Package is not labeled for consumer sale.



**MARKETING**

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PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
10030000432935		202641		10030000432935		12 x 42 OZ	
Brand	Brand Owner			GPC Description			
Quaker	PepsiCo Inc. Brand Owner			Grains/Cereal - Not Ready to Eat - (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
35.2 LBR	31.5 LBR	No		United States		Yes	No
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
20.8 INH	16 INH	10.2 INH	1.964 FTQ	6x5	540 Days	35 FAH / 85 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

**HANDLING SUGGESTIONS**

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

**ALLERGENS**

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - NI

Eggs - NI

Soybean - NI

Wheat - NI

Sesame - NI

Peanuts - NI

Tree - NI

Fish - NI

Shellfish - NI

**Nutrition Facts**

30 Servings per container

**Serving Size** 1/2 cup dry (40 g)

**Amount Per Serving**

**Calories** 150

% Daily Value\*

<b>Total Fat</b> 3	<b>4%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 0 mg	<b>0%</b>
<b>Total Carbohydrates</b> 27 g	<b>10%</b>
Dietary Fiber 4 g	<b>13%</b>
Total Sugars 1 g	
Includes 0 g Added Sugars	<b>0%</b>
<b>Protein</b> 5 g	
Vitamin D 0 mcg	0%
Calcium 20 mg	0%
Iron 1.5 mg	8%
Potassium 150 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS**

WHOLE GRAIN ROLLED OATS.

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PREPARATION & COOKING SUGGESTIONS

SERVING SUGGESTIONS

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	150
Protein	5 g
Total Carbohydrates	27 g
Sugars	1 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	40 mg
Monosodium	

Total Fat	3
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	1 g
Monounsaturated Fat	1 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	20 mg
Iron	1.5 mg
Potassium	150 mg
Zinc	
Phosphorus	130 mg
Thiamin	0.2 mg
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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