

10914 - Spinach & Tomato Quiche



Our Spinach and Tomato Quiche is filled with our flavorful blend of white cheddar cheese, spinach and tomatoes in our seasoned egg and cream blend. Our quiche is available in two sizes. The 10 ounce quiche is two servings, while the 24 ounce family size quiche provides five servings. Our quiche isn't just for breakfast. It can be used for a quick flavorful lunch or dinner op...



MARKETING

Our Spinach and Tomato Quiche is filled with our flavorful blend of white cheddar cheese, spinach and tomatoes in our seasoned egg and cream blend. Our quiche isn't just for breakfast, it can be used for a quick flavorful lunch or dinner option.

Nutrition Facts

5 Servings per container	
Serving Size	4.9 OZ
Amount Per Serving	
Calories	380
% Daily Value*	
Total Fat 26 g	40%
Saturated Fat 14 g	70%
Trans Fat 0 g	
Cholesterol 155 mg	52%
Sodium 410 mg	17%
Total Carbohydrates 25 g	8%
Dietary Fiber 1 g	5%
Total Sugars 4 g	
Includes 0 g Added Sugars	0%
Protein 12 g	
Vitamin D 0 mcg	0%
Calcium 25 mg	25%
Iron 10 mg	10%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description				
10914CC	10038058109144	8/24 OZ				
Brand	Brand Owner	GPC Description				
Country Chef	Carando Gourmet Foods	Pies/Pastries/Pizzas/Quiches - Savoury (Perishable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
13 LBR	12 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.125 INH	9.125 INH	5.25 INH	0.5 FTQ	10x10	483 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Keep Frozen-----

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

INGREDIENTS

INGREDIENTS: FILLING: Light Cream, Eggs, White Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Potato Starch, Powdered Cellulose Added To Prevent Caking), Diced Tomatoes (Fresh Vine-Ripened California Tomatoes, Tomato Juice, Sea Salt, Calcium Chloride, Naturally derived Citric Acid), Spinach, Milk, Modified Food Starches, Corn Starch, Milk Powder, Garlic, Salt, Spices. CRUST: Wheat Flour, Palm Oil, Water, Honey, Sugar, Sea Salt, Dough Softner (Malted Barley Flour, Salt).

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PREPARATION & COOKING SUGGESTIONS

Cooking Instructions: Preheat oven to 350°F.
Remove from film wrap & place on baking sheet.
Cook for 35 minutes. For Food Safety, Cook to Internal Temperature of 165°F, Prior to Consumption.

SERVING SUGGESTIONS

1 serving

MORE INFORMATION