561220 - Whole Grain GarlicKnot

Knotted for great look and taste. Coated for excellent flavor



MARKETING



Amount Per Serving **Calories** % Daily Value*

Nutrition Facts

162 Servings per container

Serving Size

8%
8%
0%
8%
10%
11%
4%
0%
0%
10%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

Code		Dist Prod Code				GTIN				Calculated Pack			
81002			561220				00810089290120				162 x 2 OZ		
Brand				Brand Owner				GPC Description					
Tasty Brands				Tasty Brands				Bread (Frozen)					
Gross Weight Net Weig		Veight	Case/Catch Weight			ht	Countr	y Of Or	igin	Kosher	Child Nutrition		
23.01 LBR	23.01 LBR 20.25 I		5 LBR		No			Unit	United States		Undeclared	No	
Shipping													
Length	Width		He	ight	Volum	e 1	TIxH	I Sh	elf Life		Storage To	emp From/To	
23.75 INH	15.	15.75 INH 9		3 INH	2.08 FT	Q	5x7	36	55 Days		0 FAH	/ 15 FAH	
Traceability Regulation													
Regulation Type Reg		Regu	latory	Trade Item Reg			Trade Item Regulation		on Regulation Restrictions and		strictions and		
Code			Α	ct		Compliant				Descriptors			
N/A		N	I/A		N/A				N/A				

HANDLING SUGGESTIONS

KEEP FROZEN UNTIL READY TO PREPARE



ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'



(Peanuts - N



Tree - N



🗞 Soybean - C





Shellfish - NI



(!) Crustaceans - N

INGREDIENTS

Potassium 109 mg



2%

2 OZ

Knot Roll: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzymes, Folic Acid), Sugar, Yeast, Soybean Oil, Wheat Gluten, Salt, Ascorbic Acid, Enzymes, Rye Flour. Topping: Margarine (Canola, Cottonseed And/Or Soybean Oils, Palm Oil, Water, Salt, Mono- And Diglycerides, Soy Lecithin, Natural Flavor, Annatto Extract Color, Turmeric Extract Color, Vitamin A Palmitate), Granulated Garlic, Salt, Lactic Acid, Parsley Granules, Natural Flavors.

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PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS

Serve with a side of marinara sauce.



MORE INFORMATION

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PREPARATION – for best results Keep frozen until ready to prepare Preheat convection oven to 350°F (conventional oven to 375°F). Place frozen Garlic Knots on a parchment lined sheet pan. Bake Garlic Knots 7-9 minutes. Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F. Remove from oven. Serve. Holding: Hold for up to 2 hours in a warmer at 145°F.

NUTRITIONAL ANALYSIS



Calories	170
Protein	5 g
Total Carbohydrates	27 g
Sugars	3 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	6 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	2 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	12 mg
Iron	2 mg
Potassium	109 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

