

# 561220 - Whole Grain GarlicKnot

Knotted for great look and taste. Coated for excellent flavor



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
81002	561220	00810089290120	162 x 2 OZ

Brand	Brand Owner	GPC Description
Tasty Brands	Tasty Brands	Bread (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
23.01 LBR	20.25 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.75 INH	15.75 INH	9.63 INH	2.08 FTQ	5x7	365 Days	0 FAH / 15 FAH

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - MC
- Eggs - MC
- Soy - C
- Wheat - C
- Sesame - MC
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

## HANDLING SUGGESTIONS



KEEP FROZEN UNTIL READY TO PREPARE

## MORE INFORMATION



## SERVING SUGGESTIONS



Serve with a side of marinara sauce.

## PREPARATION & COOKING SUGGESTIONS



PREPARATION – for best results Keep frozen until ready to prepare Preheat convection oven to 350°F (conventional oven to 375°F). Place frozen Garlic Knots on a parchment lined sheet pan. Bake Garlic Knots 7-9 minutes. Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F. Remove from oven. Serve. Holding: Hold for up to 2 hours in a warmer at 145°F.

# Nutrition Facts

162 Servings per container

**Serving Size** 2 OZ

**Amount Per Serving**  
**Calories** 170

% Daily Value\*

<b>Total Fat</b> 6 g	<b>8%</b>
Saturated Fat 1.5 g	<b>8%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 190 mg	<b>8%</b>
<b>Total Carbohydrates</b> 27 g	<b>10%</b>
Dietary Fiber 3 g	<b>11%</b>
Total Sugars 3 g	
Includes 2 g Added Sugars	<b>4%</b>

## Protein 5 g

Vitamin D 0 mcg	0%
Calcium 12 mg	0%
Iron 2 mg	10%
Potassium 109 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS



Knot Roll: Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Enzymes, Folic Acid), Sugar, Yeast, Soybean Oil, Wheat Gluten, Salt, Ascorbic Acid, Enzymes, Rye Flour. Topping: Margarine (Canola, Cottonseed And/Or Soybean Oils, Palm Oil, Water, Salt, Mono- And Diglycerides, Soy Lecithin, Natural Flavor, Annatto Extract Color, Turmeric Extract Color, Vitamin A Palmitate), Granulated Garlic, Salt, Lactic Acid, Parsley Granules, Natural Flavors.

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## NUTRITIONAL ANALYSIS



Calories	170
Protein	5 g
Total Carbohydrates	27 g
Sugars	3 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	6 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	2 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	190 mg
Calcium	12 mg
Iron	2 mg
Potassium	109 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS

