

DOLE

10071202105500 - MANGO CUBES 2/5# DOLE IQF 3/8"

Picked at peak ripeness. Available year-round.. Valuable labor saving efficiencies. Washed, prepped and ready-to-use. 100% Usable Fruit, Zero Product Waste



MARKETING

Cut Time, Not Fruit.™ with Dole Chef-Ready Cuts. Our diced mango cubes bring vibrant, tropical flavor to salsas, entrees, beverages and more!

Nutrition Facts

16 Servings per container	
Serving Size	1 cup (140g)
Amount Per Serving	
Calories	90
% Daily Value*	
Total Fat 0.5	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 21 g	8%
Dietary Fiber 2 g	7%
Total Sugars 19 g	
Includes 0 g Added Sugars	0%

Protein 1 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0 mg	0%
Potassium 240 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN			Pack Description		
10550		10071202105500			2/5 lbs		
Brand	Brand Owner				GPC Description		
DOLE	DOLE PACKAGED FOODS LLC				Fruit - Prepared/Processed (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
11 LBR	10 LBR	No		PE, VN, MX		Yes	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
11.313 INH	10.313 INH	6.625 INH	0.447 FTQ	16x10	730 Days	-10 FAH / 0 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
BUY_AMERICAN_ACT		N/A	FALSE			N/A	

HANDLING SUGGESTIONS

Keep frozen. Store at 0°F or below at all times.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS

MANGO.

DOLE

10071202105500 - MANGO CUBES 2/5# DOLE IQF 3/8"

Picked at peak ripeness. Available year-round.. Valuable labor saving efficiencies. Washed, prepped and ready-to-use. 100% Usable Fruit, Zero Product Waste

PREPARATION & COOKING SUGGESTIONS



Keep frozen until use. Baking: Do not thaw. Use fruit while frozen. To thaw: Place unopened bag on shelf rack, in refrigerator (36 to 38F) for 1-1/2 to 2-1/2 hours, turning over occasionally, until desired firmness or partially thawed. Serve slightly frozen.

SERVING SUGGESTIONS



Mango is a versatile fruit that lends itself to a variety of dishes including tacos, sandwiches, stir-fry, salads, desserts, smoothies and parfaits.

MORE INFORMATION

