

Upstate Farms

227734 - Upstate Farms Strawberry Blended Yogurt

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.



MARKETING

Fat Free Yogurt. Excellent Source of Calcium & Vitamin D. Contains Live & Active Cultures

Nutrition Facts

1 Servings per container

Serving Size8oz

Amount Per Serving

Calories180

% Daily Value*

Total Fat 0 g0%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 5 mg2%

Sodium 105 mg5%

Total Carbohydrates 38 g14%

Dietary Fiber 2 g7%

Total Sugars 30 g

Includes 15 g Added Sugars30%

Protein 6 g

Vitamin D 8.1 mcg40%

Calcium 580 mg45%

Iron 0 mg0%

Potassium 290 mg6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
9831	227734	10078800112978	12/8oz UF Straw Yog

Brand	Brand Owner	GPC Description
Upstate Farms	UPSTATE NIAGARA COOPERATIVE INC.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.24 LBR	6 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.75 INH	9.5 INH	3.5625 INH	431.51 INQ	14x8	90 Days	34 FAH / 40 FAH

HANDLING SUGGESTIONS

Keep refrigerated. DO NOT FREEZE.

SERVING SUGGESTIONS

Ready to eat as is or delicious when mixed with fruit or granola

PREPARATION & COOKING SUGGESTIONS

Keep refrigerated until ready to eat.

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Strawberries, Whey, Tricalcium Phosphate, Natural Flavors, Gellan Gum, Potassium Sorbate (For freshness), Citric Acid, Purple Carrot Juice Concentrate (for color), Locust Bean Gum, Vitamin D3

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Eggs - N

Soybean - N

Wheat - N

Sesame - N

AU - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

Mustard - N

MORE INFORMATION

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NUTRITIONAL ANALYSIS

Calories	180	Total Fat	0 g	Sodium	105 mg
Protein	6 g	Trans Fat	0 g	Calcium	580 mg
Total Carbohydrates	38 g	Saturated Fat	0 g	Iron	0 mg
Sugars	30 g	Added Sugars	15 g	Potassium	290 mg
Dietary Fiber	2 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5 mg	Thiamin	
Vitamin A (IU)	0	Vitamin D	8.1 mcg	Niacin	
Vitamin A (RE)	0	Vitamin E		Riboflavin	
Vitamin C	0 mg	Folate		Vitamin B-12	
Magnesium		Vitamin B-6		Nitrates	
Monosodium		Sulphites			

NUTRITIONAL CLAIMS

KOSHER	YES	FREE_FROM_GLUTEN	YES
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