



MARKETING

# Nutrition Facts

72 Servings per container

**Serving Size** 1 PLAIN BAGEL

**Amount Per Serving**

**Calories** 310

% Daily Value\*

<b>Total Fat</b> 1.5	<b>2%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 490 mg	<b>21%</b>
<b>Total Carbohydrates</b> 63 g	<b>23%</b>
Dietary Fiber 2 g	<b>7%</b>
Total Sugars 4 g	
Includes 3 g Added Sugars	<b>6%</b>
<b>Protein</b> 10 g	

Vitamin D 0 mcg 0%

Calcium 130 mg 10%

Iron 3.6 mg 20%

Potassium 100 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
117486	560123	10032100080528	72 x 4 OZ			
Brand	Brand Owner	GPC Description				
SARA LEE	Bimbo Bakehouse	Bread/Bakery Products Variety Packs				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
20.68 LBR	18 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17.18 INH	13.37 INH	10.25 INH	1.36 FTQ	8x8	365 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

KEEP FROZEN. DO NOT REFREEZE.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Eggs - N

Soybean - C

Wheat - C

Sesame - C

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N

INGREDIENTS

PLAIN: ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WATER, SUGAR, YEAST, SALT, CORNMEAL, WHEAT GLUTEN, GRAIN VINEGAR, PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID), MONOGLYCERIDES, XANTHAN GUM, SOY LECITHIN, SESAME SEEDS. CINNAMON RAISIN: ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WATER, SUGAR, RAISINS, YEAST, WHEAT GLUTEN, CINNAMON, SALT, CORNMEAL, PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID), MOLASSES, MONOGLYCERIDES, VEGETABLE OIL (SOYBEAN), CITRIC ACID, GUAR GUM, SOY LECITHIN, SESAME SEEDS. BLUEBERRY: ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], WATER, SUGAR, YEAST, CORNMEAL, SALT, WHEAT GLUTEN, DEXTROSE, PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID), NATURAL & ARTIFICIAL FLAVORS, MONO- AND DIGLYCERIDES, GRAIN VINEGAR, XANTHAN GUM, VEGETABLE OIL (SOYBEAN), MONOCALCIUM PHOSPHATE, RED 40 LAKE, CORNSTARCH, BLUE 2 LAKE, DRIED BLUEBERRIES, BLUE 1 LAKE, RED 40, POTASSIUM IODATE, SOY LECITHIN, CORN SYRUP, YELLOW CORN FLOUR, FOOD STARCH-MODIFIED (CORN), COTTONSEED FIBER, CELLULOSE GUM, CITRIC ACID, BLUE 2, GREEN 3, BLUE 1, SESAME SEEDS.

PREPARATION & COOKING SUGGESTIONS

THAW PRODUCT AT ROOM TEMPERATURE FOR ONE HOUR. BAKE IN PREHEATED 400F OVEN FOR 5-10 MINUTES. ALLOW TO COOL.

SERVING SUGGESTIONS

BREAKFAST, TOASTED WITH SPREADS OR BUTTER SANDWICH CARRIER

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	310	Total Fat	1.5	Sodium	490 mg
Protein	10 g	Trans Fat	0 g	Calcium	130 mg
Total Carbohydrates	63 g	Saturated Fat	0 g	Iron	3.6 mg
Sugars	4 g	Added Sugars	3 g	Potassium	100 mg
Dietary Fiber	2 g	Polyunsaturated Fat	0.5 g	Zinc	
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	0 mg	Thiamin	
Vitamin A (IU)		Vitamin D	0 mcg	Niacin	
Vitamin A (RE)		Vitamin E		Riboflavin	
Vitamin C		Folate		Vitamin B-12	
Magnesium		Vitamin B-6		Nitrates	
Monosodium		Sulphites			

NUTRITIONAL CLAIMS

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