



## 4/3 LB Raw Breaded Popcorn Style Shrimp Rounds, Tail-Off

Our Breaded Popcorn Shrimp, 60-80 count, represent the best of this wildly popular menu item. Irresistibly fun, crunchy, and ever so tasty, these perfectly bite-sized Shrimp are amply breaded with a crispy coating that's hard to resist. They're extremely easy to prepare and deep-fry from frozen to golden crispy perfection in about 2 minutes. This is what Popcorn Shrimp is supposed to be, and your patrons of all ages will know it from the first bite.

Product Last Saved Date: 20 October 2025



**HIGH LINER**  
FOODSERVICE™

## Nutrition Facts

48 Servings per container

**Serving Size 4 oz (112g / about 20 shrimp)**

Amount Per Serving

**Calories 190**

% Daily Value\*

**Total Fat** 1 g **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 80 mg **27%**

**Sodium** 710 mg **31%**

**Total Carbohydrates** 32 g **12%**

Dietary Fiber 1 g **2%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%**

**Protein** 13 g

Vitamin D 0 mcg **0%**

Calcium 4 mg **4%**

Iron 1.9 mg **10%**

Potassium 170 mg **4%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
12300147	10035493001477	FARM RAISED

Brand	GPC Description
High Liner Foodservice	Shellfish Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
12.698 LBR	12 LBR	N/A	Undeclared	

Shipping Information						
Length	Width	Height	Volume	TixHI	Shelf Life	Storage Temp From/To
14.2126 INH	11.9291 INH	5.9055 INH	0.5794 FTQ	11x7	730 Days	-10 FAH / 0 FAH

### Ingredients :

SHRIMP, WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, SALT, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), GARLIC POWDER, CANOLA OIL, ONION POWDER, DEXTROSE, SUGAR, YEAST, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE), SPICES, GUAR GUM. CONTAINS: CRUSTACEAN SHELLFISH (SHRIMP), WHEAT

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - INII	Soy - INII
Fish - INII	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - C	Sesame - INII

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 2 1/2 - 3 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 145°F MINIMUM.

### Species / Scientific Name:

Shrimp - Litopenaeus vannamei

### Serving Suggestions:

The quintessential appetizer and kids menu entrée, these Popcorn Shrimp are also great as a basket, or for punching up a salad. They pair well with traditional dipping sauces or your own special sauce recipe.

### Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:



Information subject to change without notice at the discretion of High Liner Foods (USA)  
<http://www.highlinerfoods.com>

Page 1 of 1

Printed on 8 May 2026  
Powered by Syndigo LLC - <http://www.syndigo.com>