

20 Lb (9.07 kg) Brewer's Choice Battered Haddock Skin-On Fillets, Approx. 11 oz, MSC

These High Liner Foods Brewer's Choice® Battered Haddock Portions are made from wild caught Haddock, these larger-sized, natural cut portions come fryer or oven-ready, with minimal prep required. Each cooks from frozen to crunchy perfection in minutes, sealing in the Haddock's mild, sweet flavor, and melt-in-your mouth texture. The result is that quintessential crunchy, flaky-fish bite, with hearty appetite pleasing plate appeal. An excellent, extremely easy, option that elevates any menu where it appears.

Product Last Saved Date: 20 October 2025



Nutrition Facts

29 Servings per container

Serving Size 11 oz (308g/About 1 Fillet)

Amoun	t Per	Serving
Cal	lor	ies

620

Calories	620
	% Daily Value*
Total Fat 27 g	35%
Saturated Fat 4.5 g	21%
Trans Fat 0 g	
Cholesterol 105 mg	35%
Sodium 1700 mg	74%
Total Carbohydrates 52 g	19%
Dietary Fiber 2 g	5%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
Protein 37 g	
Vitamin D 0.9 mcg	4%
Calcium 40 mg	2%
Iron 1.1 mg	6%
Potassium 610 mg	15%

	Product Specifications :				
	Code GTIN		Type Of Catch		
٠	10001661	10073538016611	WILD		

Brand	GPC Description	
High Liner Foods	Fish - Prepared/Processed (Frozen)	

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22 LBR	20 LBR	N/A	Undeclared	No

	Shipping Information					
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	11.8125 INH	12.125 INH	1.3106 FTQ	10x3	540 Days	-10 FAH / 0 FAH

Ingredients:

HADDOCK, BLEACHED WHEAT FLOUR, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, SOYBEAN OIL, AND/OR SUNFLOWEF OIL), BEER (WATER, BARLEY MALT, RICE, HOPS AND YEAST), YELLOW CORN FLOUR, WATER, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, WHEAT FLOUR, SALT, SUGAR, WHITE CORN FLOUR, SPICES, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), NATURAL FLAVORS. CONTAINS: FISH (HADDOCK), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - 30	Milk - 30	Soy - 30		
Fish - C	Wheat - C	TreeNuts - 30		
Peanuts - 30	Crustacean - 30	Sesame - 30		

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for about 7 minutes. TO BAKE: Place frozen fillets on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for about 15 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for about 25 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

These amply-sized Brewer's Choice® Fillets are a natural for bigger appetite fish and chips, hearty fish sandwiches, baskets or seafood platters. They pair well with any of your favorite sauces and sides.

Species / Scientific Name:

Haddock - Melanogrammus aeglefinus

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes
Has CN Statement: No

CN Statement:









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com

Page 1 of 1

Printed on 23 November 2025 Powered by Syndigo LLC - http://www.syndigo.com